



LEARN & GROW COURSE CATALOG

FALL/WINTER OCTOBER 2019 - MARCH 2020



• REGISTRATION NOW OPEN •



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OUR STORY

In April of 2017, The Village Center Community Development Districts Board directed The Villages Community Development Districts Recreation and Parks Department to establish a NEW division of lifestyle services that focuses on community education and enrichment. The new division, The Enrichment Academy, provides and operates a variety of fee-based, extra-curriculum courses that enhance and expand learning opportunities for residents and the general public. Course curriculum complements the existing resident-led lifestyle and recreation services offered in the recreation facilities, providing even more choices to fulfill our residents' passion for learning.

OUR MISSION

“Committed in helping stimulate and empower participants to learn new skills and become fulfilled in learning through knowledge, mastery, and growth.”

OUR PURPOSE

“To provide and preserve community enrichment and the active lifestyle in The Villages® community, Florida's Friendliest Hometown®.”

OUR VISION

“To create a dynamic personal enrichment culture that meets individual participants' needs, while being a cornerstone for learning.”

NEVER STOP **LEARNING,**
KEEP ON **GROWING!**

6 KEY FACTORS OF COMMUNITY EDUCATION FOR STUDENTS

The Enrichment Academy team welcomes you to a world of fun, friendships and learning! Our team of recreation staff is here to help you explore the variety of services and facilities we offer to enhance your active lifestyle in Florida's Friendliest Hometown®.

- **Students are self-directed.** *(They know what they want to learn.)*
- **They are learners who utilize their own knowledge and experience in the classroom.**
- **They are goal-oriented.**
- **They look at the relevancy of each class topic.** *(They align the relevancy with their own personal objectives.)*
- **They are practical.** *(They interject real life situations in the classroom.)*
- **They encourage collaboration in the group.**
(They appreciate the opportunity to share their real life situations, their goals and their personal objectives.)

FAQ'S

How do I register?

Register in person, online at www.TheDistrictGov.org or by mail.

Is there a fee to take a course?

Yes. There will be a charge for courses, so we may pay our instructors and program operations. Some courses may have an additional supply fee.

Who may attend The Enrichment Academy?

Residents and general public, 30 years or older, may register for our courses and programs.

Where will courses be held?

All Enrichment Academy courses will be held at designated Recreation locations, or other approved locations.

How may I contact and learn more about the instructors?

You may see detailed course information and learn more about our instructors on our website. Visit www.DistrictGov.org and hover over the DEPARTMENTS tab. Select RECREATION, then click on the Enrichment Academy button on the right. There you will find a link to contact our instructors.

How do I become an instructor?

Course instructors provide leadership to teach a course that fulfills an educational, social, recreational, emotional or physical need to participants of The Enrichment Academy. All prospective course instructors are required to complete a course instructor application, available on our website www.DistrictGov.org, or at any Regional Recreation Center. Course instructor applications are accepted year round and reviewed bi-annually.

How do I become as a speaker?

Speakers are invited to present and educate a crowd on leading-edge research, historical events, innovative techniques, emerging trends, or real-life experiences. All prospective speakers are required to complete a speaker application available on our website www.DistrictGov.org or at any Regional Recreation Center. Speaker applications are accepted year round.



REGISTER TODAY!

ONLINE REGISTRATION

Go to www.DistrictGov.org

Click on Departments

Click on Recreation

Click on The Enrichment Academy Logo (on the right hand side)

View the course catalog and register for classes online!

By Mail: 984 Old Mill Run | The Villages

In Person: Regional Recreation Centers

Monday - Friday | 8:30AM - 4:00PM

Saturday & Sunday | 8:00AM - 12:00PM

AQUATICS

[CARDIO]

HIGH ENERGY AQUATIC TRAINING H.E.A.T

Jeanette Hofmann

High Energy Aquatic Training is an intensive cardio workout with minimal joint impact. Course includes muscle conditioning aided by hydrostatic pressure providing great cross training for participation in any other sport.

6Day Rohan Sports Pool		Fee: R\$20 G\$26	
AQU07101	W	10/2 - 11/6	9:00AM - 9:50AM

6Day SeaBreeze Sports Pool		Fee: R\$20 G\$26	
AQU07102	W	2/5 - 3/11	3:00PM - 4:00PM

[SCUBA]

DISCOVER SCUBA

Nancy Davenport

This experience is a great way to fulfill a lifetime dream or decide if you want to become a certified diver...all in just four feet of water. Instructor provides all gear.

1Day SeaBreeze Sports Pool		Fee: R\$63 G\$69	
AQU02120	M	10/14	3:00PM - 3:50PM
AQU02121	M	1/13	3:00PM - 3:50PM

INTRO TO SCUBA

Nancy Davenport

Course covers the classroom and pool requirements. After class, participants will be ready to schedule open-water certification dives through the instructor or any PADI dive shop. Fees* \$100 for books and gear rental. Class meets 11am-1:30pm in the SeaBreeze Clearwater Room & 3-4:50pm at the SeaBreeze Sports Pool.

2Day SeaBreeze Recreation Center		Fee: R\$250 G\$256	
AQU03119	M W	10/7 - 10/9	11:00AM - 1:30PM 3:00PM - 4:50PM
AQU03120	M W	1/6 - 1/8	11:00AM - 1:30PM 3:00PM - 4:50PM

[SNORKELING]

SNORKELING

Nancy Davenport

Learn to snorkel or improve your skills with advanced techniques. Great if you are taking a cruise or teaching your grandchildren. Enjoy the underwater world of beautiful fish and coral. All equipment is provided.

1Day SeaBreeze Recreation Center		Fee: R\$63 G\$69	
AQU01120	M	10/14	4:00PM - 4:50PM
AQU01121	M	1/13	4:00PM - 4:50PM

*Course Supply Fee - In addition to class fee.

[SWIM LESSONS]

SWIM LESSONS: ADULT BEGINNING

Don Sheppard

For those who have fear of the water or can swim a little. The course will help participants overcome fear of the water and develop basic swim skills [freestyle/crawl].

6Day Spanish Moss Sports Pool		Fee: R\$55 G\$61	
AQU04132	M Th	9/30 - 10/17	9:00AM - 9:35AM
AQU04133	M Th	10/28 - 11/14	9:00AM - 9:35AM
AQU04134	M Th	9/30 - 10/17	9:45AM - 10:20AM
AQU04135	M Th	10/28 - 11/14	9:45AM - 10:20AM

6Day SeaBreeze Sports Pool		Fee: R\$55 G\$61	
AQU04136	M Th	12/2 - 12/19	3:00PM - 3:35PM

SWIM LESSONS: ADULT ADVANCED BEGINNER

Don Sheppard

For those who can swim but want to refine their freestyle skills to include proper form and breathing and increase endurance. As a requirement, be able to swim at least one length of the pool.

6Day Spanish Moss Sports Pool		Fee: R\$55 G\$61	
AQU05121	M Th	9/30 - 10/17	10:30AM - 11:05AM
AQU05122	M Th	10/28 - 11/14	10:30AM - 11:05AM
6Day SeaBreeze Sports Pool		Fee: R\$55 G\$61	
AQU05123	M Th	12/2 - 12/19	3:45PM - 4:20PM

ART

[ACRYLICS]

CREATIVE CLOUD SKYSCAPE

Arrachme

Get started or expand skills with award-winning ideas and tools to paint luscious vibrant clouds. Finish a painting. Call instructor for SMALL supply list 828-230-6613 or view at www.arrachmeart.com/classes.

1Day Lake Miona Recreation Center		Fee: R\$65 G\$71	
ART69101	Tu	10/15	12:00PM - 4:30PM

BLANK CANVAS TO ABSTRACT PAINTING

Arrachme

Learn ways to begin an abstract painting from nothing. Unique hands-on exercises draw out natural abilities to see, hear, and feel more. No previous experience required. Call instructor for supply list 828-230-6613 or view at www.arrachmeart.com/classes.

1Day Lake Miona Recreation Center		Fee: R\$65 G\$71	
ART70101	Tu	11/12	12:00PM - 4:30PM



MUSIC OF THE SEA

Arrachme

Prepare the space, layer the body of water, complete the painting. Expert guidance. No previous experience required. Call instructor for SMALL supply list 828-230-6613 or view at www.arrachmeart.com/classes.

1Day | Lake Miona Recreation Center Fee: R\$65 | G\$71

ART71101 Tu 12/10 12:00PM - 4:30PM

BLUE WATER TO SANDY BEACH

Arrachme

Start a new painting or continue one that you have already started in our previous classes. Develop movement, layering of color, balance, and harmony. No previous experience required. Call instructor for supply list 828-230-6613 or view at www.arrachmeart.com/classes.

1Day | Lake Miona Recreation Center Fee: R\$65 | G\$71

ART72101 Tu 1/14 12:00PM - 4:30PM

ABSTRACT SECRETS ON CANVAS

Arrachme

Find your voice or take your skills to the next level. Bring a painting that you are working on or begin new art with expert help. Complete a painting. Call instructor for supply list 828-230-6613 or view at www.arrachmeart.com/classes.

1Day | Lake Miona Recreation Center Fee: R\$65 | G\$71

ART73101 Tu 2/11 12:00PM - 4:30PM

AMAZING IMAGE TRANSFORMATION

Arrachme

Impressionistic or Representational-Bring in a photo or paint the image provided. Learn the technique that will create impact with brushstrokes and unique colors. No experience required. Call instructor for supply list 828-230-6613 or view at www.arrachmeart.com/classes.

1Day | Lake Miona Recreation Center Fee: R\$65 | G\$71

ART74101 Tu 3/10 12:00PM - 4:30PM

ACRYLIC FOR BEGINNERS

Lan Augustus

Step-by-step you will learn how to apply basic acrylic painting techniques to create your own painting. There is an additional \$35 material fee* payable to instructor the first day of class. Instructor will send a supply list via email prior to the start of the class.

2Day | Colony Cottage Recreation Center Fee: R\$80 | G\$86

ART11117 [Strawberry] F 10/4 - 10/11 1:00PM - 5:30PM

ART11118 [Great Egret] F 11/1 - 11/8 1:00PM - 5:30PM

ART11119 [Pear] F 12/20 - 12/27 1:00PM - 5:30PM

ART11120 [Blue Morpho Butterfly] F 1/10 - 1/17 1:00PM - 5:30PM

ART11121 [Dewdrops] F 2/7 - 2/14 1:00PM - 5:30PM

ART11122 [White Daisies] F 3/6 - 3/13 1:00PM - 5:30PM

ACRYLIC PAINTING- EXPRESSIONS OF THE SOUL 1

Betty Costa

This course will explore the beauty and magic of your creative self through painting. Choosing your personal colors, shapes and lines with an intuitive approach and a non-judgmental attitude, you will discover deeper levels of your primary self and build new bridges to your imagination. Supplies required will print on your receipt.

6Day | Lake Miona Recreation Center Fee: R\$75 | G\$81

ART01105 M 2/3 - 3/9 9:00AM - 11:00AM

Have Questions? Check the FAQ's on PAGE 4

STRESS-FREE PAINTING ON CANVAS

Teri Stillwaugh

These painting classes are fun, low-key & stress-free. No experience or supplies needed. Students are encouraged to bring an apron. Additional \$10 supply fee* payable to instructor first day of class. Contact instructor for more info: terisfunart@gmail.com.

1Day | Eisenhower Recreation Center Fee: R\$63 | G\$69

ART06128 [Flying Witch]	M 10/7	1:30PM - 4:30PM
ART06131 [Shasta Daisy]	Tu 1/20	1:30PM - 4:30PM
ART06132 [Vintage Bathing Suit]	Tu 1/27	1:30PM - 4:30PM
ART06133 [Textured Daisy]	M 3/23	1:30PM - 4:30PM

1Day | Lake Miona Recreation Center Fee: R\$63 | G\$69

ART06129 [Happy Winter Owl]	Tu 12/3	1:30PM - 4:30PM
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[ART HISTORY]

AMERICAN ART FROM A TO Z

Jan Clanton

Join us for a journey through American Art and History! We Americans always love European art, architecture, and accoutrements. Now it is time to fall in love with American masters of art. No supplies or tests, just stimulating fun!

1/8- John J. Audubon, John S. Copley, Thomas Cole

1/22- Winslow Homer, Child Hassam, Robert Henri

2/5- Art During Wartime

2/19- Maurice Prendergast, Jackson Pollack, Pop Art

3/4- Andy Warhol, Miriam Schapiro, Robert Zakanitch

NO CLASS: 1/15, 1/29, 2/12 & 2/26

5Day | Pimlico Recreation Center Fee: R\$100 | G\$106

ART84101	W	1/8 - 3/4	9:30AM - 11:00AM
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ARTISTS NEVER TO FORGET

Jan Clanton

Ever hear of Artemisia Gentileschi or Judith Leyster? They were Baroque women that almost sacrificed their honor to paint! Auguste Rodin was honored for his originality but who inspired him? Frida Kahlo is an icon of the women's movement but her very femininity was what she painted. Richard Diebenkorn painted in both abstract and realistic styles while exploring the colors of California. Lastly we will examine the life and style of David Hockney, one of the highest priced living artists. No supplies and no tests!

10/16 – Artemisia Gentileschi and Judith Leyster

10/30 – August Rodin

11/6 – Frida Kahlo

11/20 – Richard Diebenkorn

12/4 – David Hockney

NO CLASS: 10/23, 11/13 & 11/27

5Day | Pimlico Recreation Center Fee: R\$100 | G\$106

ART34102	W	10/16 - 12/4	9:30AM - 11:00AM
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*Course Supply Fee - In addition to class fee.

[CHINESE CALLIGRAPHY]

WRITING NAMES OF PEOPLE

Shiao Ploss

Chinese calligraphy has a long history as a form of expression. Chinese characters with their origins in pictographs, are endowed with a natural beauty. Students use Chinese brush and ink as they learn to write Chinese characters with a focus on people's names. The traditional signature seal and its history are discussed.

NO CLASS: 10/16

5Day | Lake Miona Recreation Center Fee: R\$100 | G\$106

ART66101	W	10/2 - 11/6	11:00AM - 1:00PM
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CHINESE CHARACTER BUILDING FOR BEGINNERS

Shiao Ploss

Whereas the Western alphabet has 26 letters from which to make thousands of combinations forming words, long and short, the Chinese language has a far more complex and intriguing system. Chinese characters will be introduced with their stories, how they are formed, and how to pronounce them in Chinese. Bring a pen and paper to take notes.

NO CLASS: 1/29

5Day | Lake Miona Recreation Center Fee: R\$100 | G\$106

ART67101	W	1/8 - 2/12	11:00AM - 1:00PM
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WRITING PHRASES

Shiao Ploss

Instructor will review the basics of Chinese brush calligraphy with a focus on the abstract quality of line, strokes, speed change, and the handling the brush and rhythm. Chinese calligraphy has a long history of over 4,000 years, with many styles still in use today. Common greeting phrases will be introduced and the class will enjoy creating them together.

5Day | Lake Miona Recreation Center Fee: R\$100 | G\$106

ART68101	W	2/26 - 3/25	11:00AM - 1:00PM
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[COLORED PENCIL]

COLORED PENCIL: BEGINNER 1

Doree' Voychick

Beginners in colored pencil this class is for you. Learn basic techniques involved in producing realistic colored pencil paintings. Not a learn to draw class. No art experience required. Additional supplies must be purchased from the instructor \$20; [\$20 does not include the supply list items listed on receipt]

5Day | SeaBreeze Recreation Center Fee: R\$100 | G\$106

ART09115	W	10/9 - 11/6	2:00PM - 4:30PM
ART09116	W	1/8 - 2/5	2:00PM - 4:30PM

5Day | Eisenhower Recreation Center Fee: R\$100 | G\$106

ART09117	Th	10/10 - 11/7	1:00PM - 3:30PM
ART09118	Th	1/9 - 2/6	1:00PM - 3:30PM

COLORED PENCIL: 2

Doree' Voychick

In this class you will learn how to blend using burnishing techniques and the colorless blender. I will also incorporate the use of Prisma Verithins. You will learn how to use complementary colors for shadows. Colored Pencil 1 is a pre-requisite.

NO CLASS: 11/28

5Day | Lake Miona Recreation Center Fee: R\$100 | G\$106

ART17107 Th 11/14 - 12/19 2:00PM - 4:30PM

5Day | SeaBreeze Recreation Center Fee: R\$100 | G\$106

ART17108 W 2/12 - 3/11 2:00PM - 4:30PM

5Day | Eisenhower Recreation Center Fee: R\$100 | G\$106

ART17109 Th 2/13 - 3/12 1:00PM - 3:30PM

[DRAWING]

ART OF CARTOON DRAWING

George Pieper

Learn to capture the "funny" side of life by drawing cartoon animals and people in various comical situations. Clearly stated instructions will aid the participant in completing both single panel and comic strip types of cartoons. Developing the skill of creating humorous captions is taught to enhance the drawings. In addition, caricature drawing will include expanding human features to produce a fun image of a friend, relative or famous person. There is an additional \$35 supply fee* payable to instructor the first day of class.

6Day | Lake Miona Recreation Center Fee: R\$75 | G\$81

ART12103 M 10/7 - 11/11 11:00AM - 1:00PM
ART12104 M 1/6 - 2/10 11:00AM - 1:00PM

LEARN TO DRAW

Doree' Voychick

This is a course for the beginner student who has little to no experience in drawing and who is interested in learning how to see shapes and draw these shapes. Each week a different lesson on drawing is learned, including observational study, shading, shadows, perspective, composition, and portrait study.

NO CLASS: 1/24

5Day | Rohan Recreation Center Fee: R\$100 | G\$106

ART78101 F 1/10 - 2/14 1:00PM - 3:30PM
ART78102 F 2/21 - 3/20 1:00PM - 3:30PM

*Interested in becoming an
instructor or speaker?*

Visit www.DistrictGov.org
for more information.

[MIXED MEDIA PAINTING]

COLOR MIXING: MAKING SENSE OF COLOR THEORY

Pat Ford

Learn to mix the color you wish by training your eye. Paint will be provided at no charge. Although we will be using watercolor, the lessons will apply to all media. Students will need ruler/pencil brush & watercolor paper. Brush & paper available to purchase from the instructor if you wish.

NO CLASS: 3/13

4Day | Lake Miona Recreation Center Fee: R\$100 | G\$106

ART79101 F 10/4 - 10/25 3:00PM - 5:00PM
ART79102 F 2/21 - 3/20 3:00PM - 5:00PM

PAINTING ADVENTURES!

BEGINNER ALCOHOL INKS

Teri Stillwaugh

You'll be amazed at how much fun and EASY it is to create free-form abstract designs using alcohol inks on various surfaces such as tiles, paper, and acetate! No experience or supplies needed. An additional \$10 supply fee* payable to instructor day of class. Students encouraged to bring an apron.

1Day | Eisenhower Recreation Center Fee: R\$63 | G\$69

ART83101 M 10/14 1:30PM - 4:30PM
ART83102 M 12/2 1:30PM - 4:30PM

CREATIVE POTS & PAVERS

Teri Stillwaugh

Painting on pots & pavers is fun and easy! Get ready to wow your friends with these projects – they make great gifts! No experience or supplies needed, an apron is recommended. An additional \$10 supply fee* payable to instructor day of class.

1Day | Eisenhower Recreation Center Fee: R\$63 | G\$69

ART07139 [Spring Theme] M 3/16 1:30PM - 4:30PM

FRIENDSHIP ROCKS

Teri Stillwaugh

Join the fun and learn how to paint on an assortment of rocks! It's easy to create a variety of designs, change the look of a rock into a work of art! Use rocks for meditation, friendship exchange, decorations, just for FUN!!! No experience or supplies needed, an apron is recommended. An additional \$10 supply fee* payable to instructor day of class.

1Day | Lake Miona Recreation Center Fee: R\$50 | G\$56

ART07137 [Halloween Theme] M 10/7 8:30AM - 11:00AM
ART07138 [Spring Theme] M 2/3 1:30PM - 4:00PM



SEASHELL ORNAMENTS

Teri Stillwaugh

Students will transform seashells into beautiful ornaments using a variety of paints & mediums such as imitation gold leaf, interference & iridescent acrylics, and much more! Don't miss this class! No experience or supplies needed, just bring an apron. An additional \$10 supply fee* payable to instructor day of class.

1Day	Lake Miona Recreation Center	Fee: R\$50 G\$56
ART07140	F 11/8	3:00PM - 5:30PM

WATERCOLORS: LET'S FIND THE ARTIST IN YOU!

Suzanne Svejcar

Join us for a fun time painting step-by-step while finding the artist in you. The direction is "up" in an exciting, yet comfortable atmosphere finding joy in self-expression. We will be completing two paintings: 1 floral and 1 non-floral. All levels are welcome and no drawing skills needed. Supply list provided.

4Day	SeaBreeze Recreation Center	Fee: R\$80 G\$86
ART82101	W 2/5 - 2/26	9:00AM - 11:30AM

WATERCOLOR CRYSTAL: BEGINNERS

Teri Stillwaugh

Students will learn exciting ways to create free-form, amazing versatile watercolor crystal techniques in a myriad of different ways. Colors are incredibly vivid, vibrant, and brilliant. Open a world of possibilities for all artists, and crafters of every level. An additional \$10 supply fee* payable to instructor day of class. Students encouraged to bring an apron.

1Day	SeaBreeze Recreation Center	Fee: R\$63 G\$69
ART81101	W 10/2	9:30AM - 12:00PM
1Day	Eisenhower Recreation Center	Fee: R\$63 G\$69
ART81102	M 11/18	1:30PM - 4:30PM
ART81103	M 12/9	1:30PM - 4:30PM
ART81104	M 3/2	1:30PM - 4:30PM

PAINTING FOR THE TERRIFIED! OIL OR ACRYLIC

Pat Ford

A course for students having basic to advanced painting knowledge wishing to grow and explore more individual development. Bring the supplies you normally use. Not Sure-Contact instructor Pat Ford for supply information, email: elbertpat@cfl.rr.com

6Day	Lake Miona Recreation Center	Fee: R\$165 G\$171
ART62102	F 10/4 - 11/8	12:30PM - 2:30PM
ART62103	F 1/10 - 2/14	12:30PM - 2:30PM
ART62104	F 2/21 - 4/3	12:30PM - 2:30PM

ONE STROKE PAINTING: BEGINNER

Deb Rich

Discover your hidden talent! Developed by Donna Dewberry, the One Stroke Painting technique is easy for everyone. People who have never picked up a brush before will feel comfortable trying and mastering this method. Learn how to prepare, load and care for brushes. No previous painting experience is required for this course. Note: Supplies will be available for purchase at the first class (appx. \$65).

4Day	Lake Miona Recreation Center	Fee: R\$75 G\$81
ART05105	Th 10/3 - 10/24	9:00AM - 11:30AM
ART05106	Th 2/6 - 2/27	9:00AM - 11:30AM

ONE STROKE PAINTING: BEGINNER 2

Deb Rich

Prerequisite: Completion of One Stroke Beginner. This course will enhance your skills by building on the strokes learned at the beginner level. Participants will be introduced to the next level of brush strokes and techniques. There is an additional \$25 supply fee* payable to instructor first day of class.

4Day	Lake Miona Recreation Center	Fee: R\$75 G\$81
ART14106	Th 10/31 - 11/21	9:00AM - 11:30AM
ART14107	Th 3/12 - 4/2	9:00AM - 11:30AM

*Course Supply Fee - In addition to class fee.



ONE STROKE PAINTING: MORE

Deb Rich

Learn a variety of flowers, trees, vines, leaves and ferns to produce beautiful arrangements, bouquets, and borders. Design elements will be taught to enhance your painting skills. Emphasis will be on introducing the student to paint on various surfaces, such as glass, metal, canvas, and fabric. Students will use the acrylic brushes, paints, and supplies from the beginner class. Prerequisite: Completion of the One Stroke Beginner course & One Stroke Beginner 2 course. Supply fee* to instructor first class (appx. \$25).*

4Day | Lake Miona Recreation Center

Fee: R\$75 | G\$81

ART24103 Th 1/9 - 1/30 9:00AM - 11:30AM

ZENTANGLE

ZENTANGLE FOR BEGINNERS

Jacki Rose

Let Go, Relax, Have Fun! Draw easy to learn structured patterns that create beautiful images in a meditative environment to soft music. Taught to you step-by-step. No experience necessary. Supply fee* of \$5 cash payable to instructor at class.

1Day | Pimlico Recreation Center

Fee: R\$25 | G\$31

ART53103 Tu 10/8 9:00AM - 10:30AM
ART53104 Tu 1/7 9:00AM - 10:30AM

ZENTANGLE POUCH

Jacki Rose

Great Holiday/Mother's Day gift. Treat yourself to an afternoon of mindful drawing on canvas pouches to soft music. Receive step-by-step instruction of Zentangle patterns that create beautiful images. No experience needed! A required supply fee* of \$15* cash payable to instructor at class.

1Day | Lake Miona Recreation Center

Fee: R\$35 | G\$41

ART77101 Tu 11/19 1:30PM - 4:30PM
ART77102 Tu 3/24 1:30PM - 4:30PM

ZENTANGLE MINDFUL DRAWING

Jacki Rose

Relax, let go & have fun drawing structured patterns creating beautiful images. You are taught step-by-step in a quiet, meditative environment using a quality black pen and white paper. No experience or skill needed! Supply fee* of \$20 is due at the first class.

8Day | Pimlico Recreation Center

Fee: R\$160 | G\$166

ART75101 Tu 10/15 - 12/3 9:00AM - 10:30AM

ZENTANGLE MINDFUL DRAWING

Jacki Rose

Relax, let go & have fun drawing structured patterns creating beautiful images. You are taught step-by-step in a quiet, meditative environment using a quality black pen and white paper. No experience or skill needed! Supply fee* of \$15 cash payable to instructor at first class.

NO CLASS: 2/11

6Day | Pimlico Recreation Center

Fee: R\$120 | G\$126

ART76101 Tu 1/21 - 3/3 9:00AM - 10:30AM

ZENTANGLE OPUS TILES

Jacki Rose

Relax, rejuvenate and have fun drawing structured patterns on the large Zentangle Opus 10.5" square Fabriano Paper Tile. You will be instructed every step of the way in a meditative environment. Supply fee* \$5

1Day | Hibiscus Recreation Center

Fee: R\$45 | G\$51

ART50104 Sa 2/15 12:30PM - 3:30PM

The Enrichment Academy is committed to helping participants acquire knowledge for growth in mind, body, or spirit.

*Course Supply Fee - In addition to class fee.

CRAFTS

[JEWELRY]

BEGINNING CHAIN MAILLE

Jenean Best

Participants will learn the basics of Chain Maille jewelry making: opening and closing links using jewelry pliers (included in materials fee). Participants will complete a pair of earrings and a bracelet in two weaves: Orbital and Rosette. Tools and material provided, materials fee* of \$35 payable to the instructor the first day of class.

NO CLASS: 3/2

4Day | Eisenhower Recreation Center Fee: R\$60 | G\$66

CRA22103	M	10/21 - 11/11	3:30PM - 4:30PM
CRA22104	M	2/10 - 3/9	3:30PM - 4:30PM

FAUX METAL JEWELRY PENDANTS

Teri Stillwaugh

WOW!!! This can't be fake metal! But yes, it is! Make fun faux metal jewelry out of plastic, cardboard and paint! YUP, it will look like expensive designer metal jewelry! EASY and FUN to make outstanding looking jewelry with basic simple steps. No experience or supplies needed, apron recommended. \$10 supply fee* payable to instructor day of class.

1Day | Lake Miona Recreation Center Fee: R\$63 | G\$69

CRA19102	Tu	10/22	12:00PM - 3:00PM
CRA19103	Tu	1/21	12:00PM - 3:00PM

[FLORAL/ GARDEN & MINIATURE CRAFTS]

FRESH FLOWER ARRANGING

Barb Sadden

Have you ever purchased a bunch of flowers and wanted to make it into a beautiful table arrangement? Well this is the class for you. You will receive step-by-step instructions on working with fresh flowers, learning the art of arranging, and finally designing your own table arrangement. By the end, you will have created an original masterpiece and had FUN! Supply fee* of \$15 payable to instructor at the beginning of the class.

1Day | Lake Miona Recreation Center Fee: R\$50 | G\$56

CRA26101	Tu	10/8	12:00PM - 2:00PM
CRA26102	Tu	11/5	12:00PM - 2:00PM
CRA26103	Tu	3/3	12:00PM - 2:00PM

1Day | SeaBreeze Recreation Center Fee: R\$50 | G\$56

CRA26104	M	12/9	6:00PM - 8:00PM
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TROPICAL SUCCULENTS [LIVE/ARTIFICIAL] PLANTS

Rondi Niles

Follow the latest indoor décor trend! Learn all about succulents and make a succulent wreath, vertical art frame, or indoor modern container with your choice of either live or realistic artificial plants. See www.gardening-inspirations.com/Workshops for sample photos. Supply fee* approximately \$39.

1Day | Moyer Recreation Center Fee: R\$25 | G\$31

CRA10102	Sa	10/5	9:00AM - 12:00PM
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MODERN TERRARIUMS

Rondi Niles

Add some greenery to your indoor decor by creating a garden under a creative style of glass. You may choose live ferns and mosses or realistic artificial greenery and flowers. Add decorative touches with stones, miniature mushrooms, frogs, etc. See www.gardening-inspirations.com/Workshops for sample photos. Supply fee* approximately \$16, plus glass.

1Day | Moyer Recreation Center Fee: R\$25 | G\$31

CRA24101	Sa	11/9	9:00AM - 12:00PM
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MINIATURE GARDENING [LIVE/ARTIFICIAL] PLANTS

Rondi Niles

Learn the secrets of landscape and floral design to make a tropical beach or woodland scene. Use live ferns, foliage, and succulents for indoors or your covered lanai. If you are a snowbird or have a brown thumb, create a realistic artificial garden. Enhance with creative miniature accessories, the style being smaller, adorable versions of what you can realistically find in larger landscapes. See www.gardening-inspirations.com/Workshops for sample photos. Supply fee* approximately \$35 but will vary depending upon supplies chosen.

1Day | Moyer Recreation Center Fee: R\$25 | G\$31

CRA09103	Sa	10/26	9:00AM - 12:00PM
CRA09104	Sa	3/7	9:00AM - 12:00PM

HOLIDAY GLOBE

Rondi Niles

At this annual event create a globe for yourself or as a holiday gift. Make a glittering woodland scene or beach scene [Floridian holiday!] using realistic artificial greenery that can be enjoyed year after year. Have fun picking out miniature/fairy items and bow to decorate your globe. See www.gardening-inspirations.com/Workshops for sample photos. Supply fee* \$25.

1Day | Moyer Recreation Center Fee: R\$25 | G\$31

CRA12102	Sa	12/7	9:00AM - 12:00PM
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ROSEMARY WREATH

Rondi Niles

Create a beautiful and fragrant rosemary wreath. Leave natural or optionally enhance with holiday décor. Finish with a beautiful bow. See www.gardening-inspirations.com/Workshops for sample photos. Supply fee* \$35 payable to instructor.

1Day | Moyer Recreation Center Fee: R\$25 | G\$31

CRA13102	Sa	12/14	9:00AM - 12:00PM
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Have Questions? Check the FAQ's on PAGE 4

GROWING FRESH VEGETABLES

Rondi Niles

Come learn from a former farmers' market vegetable plant grower on how to grow your own delicious vegetables, focusing on manageable container gardening. Participants will select tomato plants and seeds, and create a container garden for a mostly sunny location. A great companion class to the Wonderful World of Herbs. See www.gardening-inspirations.com/Workshops for sample photos. Supply fee* \$30.

1Day | Moyer Recreation Center Fee: R\$25 | G\$31

CRA25101 Sa 2/8 9:00AM - 12:00PM

THE WONDERFUL WORLD OF HERBS

Rondi Niles

Come learn from a former farmers' market herb grower about how to grow, use, and store delicious and healthy herbs. Afterwards you'll create your own herb container garden for a mostly sunny location to take home. Supply fee* \$30. See www.gardening-inspirations.com/Workshops for sample photos.

1Day | Moyer Recreation Center Fee: R\$25 | G\$31

CRA16103 Sa 3/28 9:00AM - 12:00PM

[POLYMER CLAY]

POLYMER CLAY: THE EASY WAY

Suzanne Svejcar

Create projects using polymer clay baked in your own home oven. The class teaches basic techniques, rolling, baking and marbling. We will make flowers, animals, holiday ornaments & forming gem-like faux stones for jewelry. Supplies needed for this class will print out on your confirmation and are listed on our web site.

4Day | SeaBreeze Recreation Center Fee: R\$40 | G\$46

CRA21103 W 3/4 - 3/25 9:30AM - 11:30AM

[QUILTING]

QUILTING BEGINNER SAMPLER

Inez "Micki" MacCumbee

Make a 12 beginner-block level sampler quilt. Sampler quilts consist of different blocks made with a variety of fabrics. Each class highlights a lesson that together completes a broad base of quilting instruction. For fabric needs and supply list, please contact Micki at: maccumbee313@gmail.com

NO CLASS: 12/23

8Day | Lake Miona Recreation Center Fee: R\$65 | G\$71

CRA27101 M 12/2 - 1/27 8:30AM - 11:00AM

Interested in becoming an instructor or speaker? Visit www.DistrictGov.org for more information.

CULINARY

BEER TASTING 101

Mark Denote

Enjoy craft beer like fine wines. This course will take participants through the world of craft beer and what to expect from beer styles and labels. Beer writer and historian Mark DeNote will share fundamental craft beer information and tasting techniques from soft pilsners to malty porters and IPAs. Supply fee* of \$5 to \$10 per class depending upon beer.

1Day | Manatee Recreation Center Fee: R\$25 | G\$31

CUL09101	Th	10/24	5:30PM - 7:30PM
CUL09102	Th	12/12	5:30PM - 7:30PM
CUL09103	Th	2/13	5:30PM - 7:30PM

CAKE DECORATING: BEGINNERS

Teri Stillwaugh

Students will learn the basics of cake decorating using buttercream icing: how to level, torte, fill, frost, and decorate a round cake. This fun class is geared for anyone who has ever wanted to try or wants a refresher on basic cake decorating. Students will leave with a beautifully decorated cake, and recipes. An apron is recommended, but no experience or supplies needed. \$15 supply fee* payable to instructor day of class. No dietary restrictions.

1Day | Bridgeport Recreation Center Fee: R\$63 | G\$69

CUL06109 [Valentine Theme]	Su	2/9	5:00PM - 8:00PM
CUL06110 [Easter Theme]	Su	3/29	5:00PM - 8:00PM

COOKIES & CUPCAKE DECORATING: BEGINNERS

Teri Stillwaugh

Have fun learning how to decorate plain cupcakes, using buttercream/fondant and various other decorations to transform ordinary cupcakes & cookies into beautiful, tasty works of art! Students will go home with a boxful of beautiful cupcakes & cookies! No supplies or experience required, just bring an apron. \$15 supply fee* payable to instructor day of class. No dietary restrictions.

1Day | Bridgeport Recreation Center Fee: R\$63 | G\$69

CUL07103 [Halloween Theme]	Su	10/20	5:00PM - 8:00PM
CUL07104 [Christmas Theme]	Su	12/8	5:00PM - 8:00PM

INTRODUCTION TO WINE: A JOURNEY

Walter Bost

Those attending the wine class would be a wine enthusiast, those wanting to learn of food and wine pairing and anyone wanting to explore and learn about the world of wine! Premium wine tasting on day 2.

2Day | Rohan Recreation Center Fee: R\$70 | G\$76

CUL08101	M Tu	10/21 - 10/22	1:30PM - 4:30PM
CUL08102	M Tu	2/3 - 2/4	1:30PM - 4:30PM

*Course Supply Fee - In addition to class fee.



DANCE

BALLET: BEGINNING LEVEL 1

Carolyn Hosman

This class is a safe and gentle way to strengthen muscles, improve flexibility and balance, build core body strength, improve posture and increase energy. The format of the class starts with exercises at the barre, then in the center for balance and control.

NO CLASS: 10/18, 11/15, 1/17, 3/20

6Day | Fenney Recreation Center Fee: R\$56 | G\$61

DAN08118	M	10/14 - 11/18	4:15PM - 5:15PM
DAN08119	M	1/6 - 2/10	4:15PM - 5:15PM
DAN08120	M	2/24 - 3/30	4:15PM - 5:15PM

6Day | Saddlebrook Recreation Center Fee: R\$56 | G\$61

DAN08121	F	10/4 - 11/22	3:15PM - 4:15PM
DAN08122	F	1/3 - 2/14	3:15PM - 4:15PM
DAN08123	F	2/28 - 4/10	3:15PM - 4:15PM

BALLET: BEGINNING LEVEL 2

Carolyn Hosman

Students who are new to ballet should complete a minimum of three sessions in Beginning: Level 1 before registering in Level 2 or have permission of the instructor.

6Day | Fenney Recreation Center Fee: R\$56 | G\$61

DAN12119	M	10/14 - 11/18	3:00PM - 4:00PM
DAN12120	M	1/6 - 2/10	3:00PM - 4:00PM
DAN12121	M	2/24 - 3/30	3:00PM - 4:00PM

BALLET: CONTINUING

Carolyn Hosman

This course is for students who have some knowledge of basic ballet positions and steps. It includes barre and floor work and is a full body workout. Steps across the floor will be revisited and new ones added.

NO CLASS: 10/18, 11/15, 1/17, 3/20

6Day | Saddlebrook Recreation Center Fee: R\$56 | G\$61

DAN12122	F	10/4 - 11/22	2:00PM - 3:00PM
DAN12123	F	1/3 - 2/14	2:00PM - 3:00PM
DAN12124	F	2/28 - 4/10	2:00PM - 3:00PM

BALLROOM: LEVEL I BABY BOOMER

John & Geri Conrad

Dance to the music of your generation. Learn the dance steps, style and body movements for the upbeat rhythms. In five weeks this class will give you the knowledge and confidence to "Let Loose" and "Do Your Own Thing". Easy, fun, and very informative class. Partner Required.

NO CLASS: 2/20, 3/5

5Day | Allamanda Recreation Center Fee: R\$33 | G\$39

DAN16103	Th	2/13 - 3/26	5:15PM - 6:15PM
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BALLROOM: LEVEL I BALLROOM SLOW

John & Geri Conrad

Receive admired attention as you dance around the floor to the slow ballad love songs. A "must learn" dance for wedding receptions, cruises and class reunions. You will learn the romantic body moves, twirls, underarm turns, and dips designed to fit the music. Partner Required.

5Day | Allamanda Recreation Center Fee: R\$33 | G\$39

DAN43101	Th	1/9 - 2/6	5:15PM - 6:15PM
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BALLROOM: LEVEL II BALLROOM SLOW

John & Geri Conrad

Enjoy the romantic ballad love song music with expressive new dance moves to show off you and your partner. Learn new underarm turns, twirls, and dips in a variety of dance positions. Emphasis placed on music interpretation and style of the dance. Partner Required.

NO CLASS: 2/20, 3/5

5Day | Allamanda Recreation Center Fee: R\$33 | G\$39

DAN44101	Th	2/13 - 3/26	4:00PM - 5:00PM
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BALLROOM: LEVEL II COUNTRY COMBO

John & Geri Conrad

Continuation of Country Combo Level I. New step patterns and dance positions for a larger variety of fun and easy dance combinations to dance at social dance events. Emphasis on lead/follow, and style for country ballads and country waltz music. Partner Required.

5Day | Allamanda Recreation Center Fee: R\$33 | G\$39

DAN41101	Th	10/17 - 11/14	5:15PM - 6:15PM
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BALLROOM: LEVEL I LATIN RHYTHMS

John & Geri Conrad

This class series will introduce you to the most popular Latin rhythms. Learn the basic step patterns, timing, lead/follow, and style of the dance. You will now know how to recognize the rhythms and know what dance to do for the music played. Partner Required.

5Day | Allamanda Recreation Center Fee: R\$33 | G\$39

DAN21102 Th 1/9 - 2/6 4:00PM - 5:00PM

BALLROOM: LEVEL III LATIN RHYTHMS

John & Geri Conrad

New Latin rhythm step patterns, timing, lead/follow skills. Body moves to develop the style of the dance. Enjoy dancing interchangeable dance patterns from one Latin dance to another. Will develop good styling and dance step memory. Partner Required

5Day | Hibiscus Recreation Center Fee: R\$33 | G\$39

DAN22102 Sa 1/11 - 2/8 2:00PM - 3:00PM

BALLROOM: LEVEL I NITE CLUB SLOW

John & Geri Conrad

Also called night club two step. The slow dance with a syncopated rhythm stylized for small Night Club or Ballroom dance floors. You will learn the easy, smooth dance patterns with underarm turn exchanges in a variety of dance positions. Emphasis on style, lead/follow. Partner Required.

5Day | Hibiscus Recreation Center Fee: R\$33 | G\$39

DAN45101 Sa 2/29 - 3/28 2:00PM - 3:00PM

BALLROOM: LEVEL I ROCK 'N' ROLL SWING

John & Geri Conrad

You will learn the feel and the rhythm of the AUTHENTIC STYLE of the rocking 50's, 60's and present upbeat tempos of today. You and your partner will learn the step patterns, timing, lead/follow, style, body moves and interesting footwork to the popular Rock 'N' Roll music. Partner Required

5Day | Allamanda Recreation Center Fee: R\$33 | G\$39

DAN03109 Th 10/17 - 11/14 4:00PM - 5:00PM

5Day | Hibiscus Recreation Center Fee: R\$33 | G\$39

DAN03110 Sa 1/11 - 2/8 12:30PM - 1:30PM

BALLROOM: LEVEL II ROCK 'N' ROLL SWING

John & Geri Conrad

This class is a continuation of Level 1 Rock 'N' Roll Swing. Now that your feet are "rocking" and your body is "rolling", you are ready to add new step patterns with new dance positions to create a more animated, spirited, lively and enjoyable Rock 'N' Roll style swing. You and your partner will enjoy showing off your new dancing skills. Partner Required.

5Day | Hibiscus Recreation Center Fee: R\$33 | G\$39

DAN15105 Sa 10/19 - 11/16 12:30PM - 1:30PM
 DAN15106 Sa 2/29 - 3/28 12:30PM - 1:30PM

BALLROOM: LEVEL III SMOOTH RHYTHMS

John & Geri Conrad

For all dancers who wish to add new exciting look and feel to their present smooth dances of Waltz and Foxtrot. New, multi purpose dance patterns improve memory, lead/follow skills. Emphasis on style for all your new show steps. A fantastic partner achievement experience. Partner Required.

5Day | Hibiscus Recreation Center Fee: R\$33 | G\$39

DAN42101 Sa 10/19 - 11/16 2:00PM - 3:00PM

BALLROOM: SOCIAL DANCING: BEGINNER

Susan & Mark O'Brien

Dancing is a huge part of The Villages Lifestyle. There are so many venues and so many styles of dance. You and your partner can become confident enough to hop on any floor and execute your cool moves. It's more relaxed than ballroom but includes all the Latin & Ballroom styles. We make it fun and easy. Partner required at sign up.

8Day | La Hacienda Recreation Center Fee: R\$50 | G\$56

DAN39101 W 10/2 - 11/20 9:30AM - 10:45AM

Interested in becoming an instructor or speaker? Visit www.DistrictGov.org for more information.

BALLROOM: SOCIAL DANCING: INTERMEDIATE

Susan & Mark O'Brien

If you have taken O'Brien's beginner class and feel you are ready for intermediate, or, if it has been suggested you take the intermediate class, you will continue learning more steps for the basic ballroom and Latin dances covered in the first class. You will also improve your technique as you continue working on the basic steps as well. Partner required at sign up.

8Day | La Hacienda Recreation Center Fee: R\$50 | G\$56

DAN40101 W 10/2 - 11/20 11:00AM - 12:00PM

CHI DANCING

Helga Malinsky

Chi [Life Energy] will lift your spirit, open your heart, and activate major energy centers in your body. Chi bliss warm-ups, dance movements, great circle meditation. Results are improved balance, strength, agility, more energy, improved mental focus.

5Day | Hibiscus Recreation Center Fee: R\$38 | G\$44

DAN27104 F 10/18 - 11/15 2:00PM - 3:00PM
DAN27105 F 1/10 - 2/7 2:00PM - 3:00PM
DAN27106 F 2/21 - 3/20 2:00PM - 3:00PM

COUNTRY PATTERN PARTNER: BEGINNER

Lola & Bob Miller

Couples will learn the basic steps first. Participants will be taught four beginner dances. Each dance will be reviewed each week. Everyone dances in a circle, and every couple will be doing the same patterns. Partner required at sign up.

NO CLASS: 11/28

6Day | Bridgeport Recreation Center Fee: R\$34 | G\$40

DAN05117 Th 10/3 - 11/7 6:00PM - 7:00PM
DAN05118 Th 11/14 - 12/26 6:00PM - 7:00PM
DAN05119 Th 1/2 - 2/6 6:00PM - 7:00PM
DAN05120 Th 2/13 - 3/19 6:00PM - 7:00PM

COUNTRY PATTERN PARTNER: BEG. PLUS

Lola & Bob Miller

The dances taught in this course are a little more advanced. Participants who have taken the beginner's course first would continue with learning more dances. Partner required.

NO CLASS: 11/28

6Day | Bridgeport Recreation Center Fee: R\$34 | G\$40

DAN06117 Th 10/3 - 11/7 7:30PM - 8:45PM
DAN06118 Th 11/14 - 12/26 7:30PM - 8:45PM
DAN06119 Th 1/2 - 2/6 7:30PM - 8:45PM
DAN06120 Th 2/13 - 3/19 7:30PM - 8:45PM

EAST COAST SWING: BEGINNER

Stephen Brown

Our class will focus on learning basic easy to follow steps, leads and turns. Dance pace is appropriate for Villagers, and the step-by-step instruction is casual and fun. Partner required.

7Day | Fenney Recreation Center Fee: R\$38 | G\$44

DAN29105 Su 10/13 - 11/24 3:00PM - 4:30PM
DAN29106 Su 1/5 - 2/16 3:00PM - 4:30PM

EAST COAST SWING: INTERMEDIATE

Stephen Brown

This course is a follow-up class to the beginner class, or for those who already know basic east coast swing steps/beginner turns. Students will be taught new turns with a focus on refining your moves. Partner required at sign up.

NO CLASS: 3/15

6Day | Fenney Recreation Center Fee: R\$33 | G\$39

DAN30103 Su 2/23 - 4/5 3:00PM - 4:30PM

LINE DANCE: BASIC BEGINNER 1

Darlene Miller

You can learn to line dance with these easy lessons. This class is for the individual who is new to line dancing and wants to learn in a fun, comfortable atmosphere. Basic steps and line dance technique will be taught while learning some of the line dances done in social settings. Proper shoes are required - no flip flops allowed. **NO CLASS: 3/9, 3/16**

6Day | Allamanda Recreation Center Fee: R\$33 | G\$39

DAN25103 M 10/7 - 11/11 9:30AM - 10:20AM
DAN25104 M 11/18 - 12/23 9:30AM - 10:20AM
DAN25105 M 1/6 - 2/10 9:30AM - 10:20AM
DAN25106 M 2/17 - 4/6 9:30AM - 10:20AM

LINE DANCE: BEGINNER 2

Darlene Miller

This course is for those individuals who would like to further their experience in basic steps and line dance technique in a fun atmosphere. Dancers should have knowledge of most basic steps for this class. Proper footwear is required - no flip flops allowed.

NO CLASS: 3/9, 3/16

6Day | Allamanda Recreation Center Fee: R\$33 | G\$39

DAN26103 M 10/7 - 11/11 10:30AM - 11:20AM
DAN26104 M 11/18 - 12/23 10:30AM - 11:20AM
DAN26105 M 1/6 - 2/10 10:30AM - 11:20AM
DAN26106 M 2/17 - 4/6 10:30AM - 11:20AM

LINE DANCING FOR BEGINNERS

Robert Mast

This course is designed to teach the new dancer (or those who do not think they can dance) the fundamentals of line dance. This will be a fun course!

NO CLASS: 12/1, 12/8, 1/19

6Day | Big Cypress Recreation Center Fee: R\$35 | G\$41

DAN28103 Su 11/3 - 12/22 6:00PM - 7:00PM
DAN28104 Su 12/29 - 2/9 6:00PM - 7:00PM
DAN28105 Su 3/1 - 4/5 6:00PM - 7:00PM

Have Questions? Check the FAQ's on PAGE

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*Course Supply Fee - In addition to class fee.



LINE DANCING INTERMEDIATE

Robert Mast

This class is only open for students that have completed the "Line Dancing for Beginners" class. This class will introduce new dances which cover more genre of music, East coast swing, west coast swing, hustle etc.

NO CLASS: 12/1, 12/8, 1/19

6Day | Big Cypress Recreation Center Fee: R\$35 | G\$41

DAN38101	Su	11/3 - 12/22	7:15PM - 8:15PM
DAN38102	Su	12/29 - 2/9	7:15PM - 8:15PM
DAN38103	Su	3/1 - 4/5	7:15PM - 8:15PM

WEST COAST SWING: BEGINNER 101

Andrea Thorne

Different than east coast as this is danced to very slow music. I teach slowly and repeat patterns often. Although a little complicated to learn at first, it will soon become your favorite dance socially. Dance shoes with suede or leather soles. No flip flops. Partner required at sign up.

6Day | Pimlico Recreation Center Fee: R\$35 | G\$41

DAN24102	M	11/4 - 12/9	3:30PM - 4:30PM
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NIGHT CLUB TWO STEP: BEGINNER 101

Andrea Thorne

This slow dance is very easy to learn. We add some lovely moves so that both partners look good. Become the envy on the dance floor. Lead and follow instructions will be repeated for ease of learning. No flip flops. Dance shoes preferred. Partner required at sign up.

6Day | Pimlico Recreation Center Fee: R\$35 | G\$41

DAN23104	M	1/6 - 2/10	3:30PM - 4:30PM
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HUSTLE 101

Andrea Thorne

This will be a four count hustle, which means, if you can walk you can do this dance. It's not like the 3 count dance of the 60's which was high energy, this is more of a walking type dance. It will be incorporating east coast swing moves to a hustle count. So if you have done east coast swing (or not) you will find it very easy. Partner required at sign up. **NO CLASS: 3/16**

6Day | Pimlico Recreation Center Fee: R\$35 | G\$41

DAN37102	M	2/17 - 3/30	3:30PM - 4:30PM
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ZUMBA FITNESS (WITH A "TWIST")

Debbie Souza

Zumba Fitness (With a "Twist") accommodates students who desire a moderate to high level workout. Simple, repetitive dance movements to familiar tunes is a fun, natural and effective way to health and wellness. The varied and inspiring music is key to motivating the party atmosphere. The class will additionally incorporate Zumba Toning routines which are perfect for those who want to party, but also want to put extra emphasis on toning, defining and sculpting their body! The challenge of using light weight resistance helps to focus on specific muscle groups, allowing the students (and their muscles) to stay engaged!

8Day | Lake Miona Recreation Center Fee: R\$60 | G\$66

DAN46101	F	10/4 - 11/22	8:30AM - 9:30AM
DAN46102	F	1/10 - 2/28	8:30AM - 9:30AM

ECONOMICS

UNDERSTANDING THE FINANCIAL MARKETS

Howard Baker

The goal of this course is to enhance your knowledge about investing in today's markets. This class is for those interested in learning how financial markets function, terminology, investment research, understanding market tables, fees, and regulations.

2Day | Lake Miona Recreation Center Fee: R\$20 | G\$26

ECO16101	Th	10/31 - 11/7	11:00AM - 1:00PM
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ARE YOUR GRANDKIDS FINANCIALLY ILLITERATE?

Larry Kirschner

Statistics indicate they might be, but you can help. A basic understanding of personal finance is a critical skill for our kids and grandchildren. This course will discuss the factors contributing to this financial illiteracy crisis, why it needs to be addressed now, and what you as grandparents can do to help.

1Day | Lake Miona Recreation Center Fee: R\$10 | G\$16

ECO12101	Th	10/24	10:00AM - 11:30AM
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*Course Supply Fee - In addition to class fee.

HEALTH & WELLNESS

AGELESS GRACE

Teri Lee

This brain health program is based on the science of neuroplasticity. It's a lively class consisting of 21 tools that are practiced to music in chairs and are designed to prevent or delay cognitive decline.

6Day		Bacall Recreation Center	Fee: R\$50 G\$56
HEA01113	M	1/6 - 2/10	11:30AM - 12:30PM

AGE-LESS YOGA FACE

Helga Malinsky

Recent studies support that facial exercises make you look years younger. Learn isometric exercises, facial acupressure points, several face massage techniques. Yoga for eye, neck, shoulder, posture, and nourishing blood flow into the face. Bring a mirror.

1Day		Bradenton Recreation Center	Fee: R\$39 G\$45
HEA08106	Sa	10/26	1:00PM - 3:00PM
HEA08107	Sa	11/16	1:00PM - 3:00PM
HEA08108	Sa	1/25	1:00PM - 3:00PM
HEA08109	Sa	2/22	1:00PM - 3:00PM

ANGEL HEALING

Dr. Maryanne Horne & Dr. Carole Sfekas

Angels are divine messengers to our souls. They are our best gift givers. They offer us divine healing and assistance in every aspect of our daily lives. Our angels surround us and comfort us at all times.

1Day		Eisenhower Recreation Center	Fee: R\$65 G\$71
HEA19106	M	11/4	8:30AM - 10:30AM
HEA19107	M	1/6	8:30AM - 10:30AM
HEA19108	M	3/2	8:30AM - 10:30AM

ART OF SELF-HEALING

Helga Malinsky

Session I, practice Qi Gong exercises, therapeutic breath-work, tapping and balancing vital energy centers, and relax with a guided Reiki meditation. Session II: Mandala Art Therapy for spiritual and emotional healing is about focusing, calming, and centering yourself. Supply fee* of \$2 payable to the instructor.

2Day		Eisenhower Recreation Center	Fee: R\$39 G\$45
HEA21102	M	10/21 - 10/28	1:00PM - 2:30PM
HEA21103	M	1/20 - 1/27	1:00PM - 2:30PM
HEA21104	M	3/16 - 3/23	1:00PM - 2:30PM

The Enrichment Academy is committed to helping participants acquire knowledge for growth in mind, body, or spirit.

AUTHENTIC AGING

Rick Lechuk

Growing older is an honor, a blessing. This course will examine common thoughts and concerns seniors have about aging. Participants will explore individual lifetime accomplishments; regrets and resentments; and the continuing pursuit of ones dreams and passions. Supply fee* \$2 payable to the instructor the first day of class.

1Day		La Hacienda Recreation Center	Fee: R\$30 G\$36
HEA36101	W	12/4	10:00AM - 12:00PM
HEA36102	W	2/12	10:00AM - 12:00PM

CHAIR YOGA

Teri Lee

Chair yoga modifies traditional yoga poses so that they can be done while seated in a chair. This makes yoga accessible to people who cannot stand or lack the mobility to move easily from standing to seated to supine positions. No experience required.

6Day		Bacall Recreation Center	Fee: R\$50 G\$56
HEA23101	M	10/14 - 11/18	11:30AM - 12:30PM
HEA23102	M	2/24 - 3/30	11:30AM - 12:30PM

CHAKRA CLEARING

Gianna Ragona-Suarez

There are 7 main energy centers in the body, known as chakras. Each chakra is located throughout our body so that it correlates to specific body ailment and physical dysfunctions; each energy center also houses our mental and emotional strengths. The clearing of the energy can also balance our emotional state of mind.

4Day		Bradenton Recreation Center	Fee: R\$48 G\$54
HEA12103	W	10/16 - 11/6	10:30AM - 11:30AM
HEA12104	W	1/8 - 1/29	10:30AM - 11:30AM
HEA12105	W	2/19 - 3/11	10:30AM - 11:30AM

CRYSTAL HEALING

Dr. Maryanne Horne & Dr. Carole Sfekas

Crystals are known for their healing properties. Each crystal has its own unique healing frequency. This crystal healing frequency balances and harmonizes spirit mind body. In this class you will learn the healing properties of crystals.

1Day		Eisenhower Recreation Center	Fee: R\$65 G\$71
HEA18106	M	10/28	8:30AM - 10:30AM
HEA18107	M	11/25	8:30AM - 10:30AM
HEA18108	M	2/24	8:30AM - 10:30AM

DANCE OF YOGA

Teri Lee

This yoga inspired dance flow is a mind body experience that focuses on graceful body movement. Participants will improve their flexibility, strength and balance as well as realizing a calming sensation of well being.

6Day		Bacall Recreation Center	Fee: R\$50 G\$56
HEA33101	Th	10/10 - 11/14	5:00PM - 6:00PM
HEA33102	Th	1/2 - 2/6	5:00PM - 6:00PM
HEA33103	Th	2/20 - 3/26	5:00PM - 6:00PM

LIVING WELL WITH DIABETES

Margie Doyle

An evidence-based, self-management course designed to provide strategies and skills to live a healthier, happier life with diabetes. We will learn real life skills that include an overview of diabetes, discovering better food choices, medication decisions, usage and understanding new treatment choices, exercise plans and how to manage both high and low blood sugar levels. Supplies: \$30 fee* payable to the instructor: the book "Living with Chronic Conditions" and "Pathway to Healing" CD.

6Day Bradenton Recreation Center				Fee: R\$20 G\$26
HEA28101	W	11/13 - 12/18	9:30AM - 12:00PM	
6Day Manatee Recreation Center				Fee: R\$20 G\$26
HEA28102	F	1/10 - 2/14	11:00AM - 1:30PM	

MATTER OF BALANCE

The Villages Health

This fall prevention program combines interactive class discussion and exercises proven to reduce fall risk. Matter of Balance addresses fall hazards in the home and environment, fear of falling, assertiveness, fall related behaviors and the importance of exercise.

8Day Big Cypress Recreation Center				Fee: R\$15 G\$21
HEA04109	Th	10/3 - 11/21	10:00AM - 12:00PM	
HEA04110	Th	1/9 - 2/27	10:00AM - 12:00PM	
8Day Manatee Recreation Center				Fee: R\$15 G\$21
HEA04111	Th	10/3 - 11/21	3:00PM - 5:00PM	
HEA04112	Th	1/9 - 2/27	3:00PM - 5:00PM	

A PEACEFUL MIND IS A PRECIOUS GIFT

Kathleen Henning

A peaceful mind is the foundation for health, happiness and well-being, yet quieting the mind can be difficult! Learn simple tools that help calm the restless activity of the mind. Relax, unwind. Create a powerful shift, enjoy a fresh perspective, and experience life anew! Includes Present Moment Meditation™.

1Day Lake Miona Recreation Center				Fee: R\$25 G\$31
HEA11102	M	2/24	10:00AM - 12:00PM	

HAPPY, HEALTHY LIVING SKILLS!

Kathleen Henning

Enjoy health, vitality, contentment, and more! Using a natural approach for body, mind and spirit, incorporate a few easy skills into your daily routine and watch the benefits blossom! Learn how to release stress, stay present in the moment and enjoy a balanced lifestyle. A few minor adjustments can make a world of difference. Includes Present Moment Meditation™.

1Day Truman Recreation Center				Fee: R\$25 G\$31
HEA32101	Tu	2/25	10:00AM - 12:00PM	

MEDITATION: LOVING KINDNESS

Jacki Rose

Experience powerful results from this guided meditation of letting go of anger, increasing love for yourself and sending healing out to loved ones. Relax, open your heart and receive peace and joy.

4Day Bridgeport Recreation Center				Fee: R\$40 G\$46
HEA24101	Sa	3/7 - 3/28	10:00AM - 11:00AM	

PILATES: BASIC

Carolyn Goldstein

The pilates method of body conditioning is a system of stretching & strengthening exercises that improve posture, provide flexibility & balance, unite your body with your mind, & strengthen & tone muscles. The classical pilates format will move through a series of exercises that work all parts of your body, creating a more balanced streamlined shape.

6Day Rohan Recreation Center				Fee: R\$50 G\$56
HEA37102	W	1/8 - 2/12	2:30PM - 3:45PM	

REIKI: LEVEL I

Dr. Maryanne Horne & Dr. Carole Sfekas

Reiki I is the beginning level of Reiki training. It is used to promote relaxation, healing and harmony for spirit, mind and body. Reiki I includes history and techniques of Reiki.

1Day SeaBreeze Recreation Center				Fee: R\$65 G\$71
HEA15106	M	10/7	8:30AM - 10:30AM	
HEA15107	M	11/11	8:30AM - 10:30AM	
HEA15108	M	12/2	8:30AM - 10:30AM	
HEA15109	M	1/13	8:30AM - 10:30AM	
HEA15110	M	2/3	8:30AM - 10:30AM	
HEA15111	M	3/9	8:30AM - 10:30AM	

Interested in becoming an instructor
of The Enrichment Academy?
Visit www.DistrictGov.org
for more information.

Have Questions? Check the FAQ's on PAGE **4**

*Course Supply Fee - In addition to class fee.



REIKI: LEVEL II

Dr. Maryanne Horne & Dr. Carole Sfekas

Reiki II is available to anyone who has completed Level I Reiki. A discussion of the symbols and their origins and usage will be given. This is the continuation of your use of Reiki in your healing spiritual journey.

1Day | SeaBreeze Recreation Center Fee: R\$65 | G\$71

HEA16106	M	10/14	8:30AM - 10:30AM
HEA16107	M	11/18	8:30AM - 10:30AM
HEA16108	M	12/9	8:30AM - 10:30AM
HEA16109	M	1/20	8:30AM - 10:30AM
HEA16110	M	2/10	8:30AM - 10:30AM
HEA16111	M	3/16	8:30AM - 10:30AM

REIKI: LEVEL III

Dr. Maryanne Horne & Dr. Carole Sfekas

Reiki Level III is the Master/Teacher Level of Reiki. This is available to those who have completed the first two levels of Reiki. This continues your commitment to Reiki as an integral part of your healing journey toward spiritual enlightenment.

1Day | SeaBreeze/Eisenhower Recreation Center Fee: R\$65 | G\$71

HEA17103	M	10/21	8:30AM - 10:30AM
HEA17104	M	12/16	8:30AM - 10:30AM
HEA17105	M	1/27	8:30AM - 10:30AM
HEA17106	M	2/17	8:30AM - 10:30AM
HEA17107	M	3/23	8:30AM - 10:30AM

TOTAL BODY FITNESS

Nancy Moore

Fast paced, challenging total body workout to strengthen and tone the whole body using resistance training, flexibility and stretching.

8Day | Eisenhower Recreation Center Fee: R\$40 | G\$46

HEA29101	Tu	10/15 - 12/3	9:30AM - 10:30AM
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10Day | Eisenhower Recreation Center Fee: R\$50 | G\$56

HEA30101	Tu	1/28 - 3/31	9:30AM - 10:30AM
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THE FUNDAMENTALS OF YOGA

Susan Reid

This class is for those who are new to yoga, and those who want to review the basics of yoga breathing, alignment, and focus. We aim to develop the inner calm and quiet self-confidence that arise from the careful practice of yoga. Please bring a yoga or exercise mat.

4Day | La Hacienda Recreation Center Fee: R\$35 | G\$41

HEA26101	Tu	11/12 - 12/3	11:30AM - 12:30PM
HEA26102	Tu	1/7 - 1/28	11:30AM - 12:30PM

YOGA FOR STRESS RELIEF

Susan Reid

This class is for everyone who experiences stress. In this yoga class we will do gentle yoga poses, relieve stress and anxiety by focusing on mindful breathing, gently controlled movement, and guided meditation. Optional: yoga/exercise mat.

4Day | Hibiscus Recreation Center Fee: R\$35 | G\$41

HEA25101	M	11/11 - 12/2	4:00PM - 5:00PM
HEA25102	M	1/6 - 1/27	4:00PM - 5:00PM

YOGALATES

Ellen Nemer

Yogalates fuses yoga and pilates physical, emotional, and spiritual energies creating mind, body awareness. Calm your mind, strengthen your body build stamina, flexibility and balance. Pilates adds controlled movement with precise repetitions that will strengthen and tone core areas. Yoga mat required, block & straps optional.

4Day | Mulberry Grove Recreation Center Fee: R\$35 | G\$41

HEA31101	Tu	10/8 - 10/29	9:00AM - 10:00AM
HEA31102	Tu	11/26 - 12/17	9:00AM - 10:00AM
HEA31103	Tu	1/21 - 2/11	9:00AM - 10:00AM
HEA31104	Tu	3/10 - 3/31	9:00AM - 10:00AM



YOGA: POWER/VINYASA

Ellen Nemer

Power/Vinyasa Yoga is a more energetic form of traditional yoga. Synchronize breathing with postures that create heat, sweat, purify, and detoxify the body. This class will incorporate a sequence of sun salutations, standing poses, seated postures, inversions, and closing series. Bring your previous yoga knowledge. Yoga mat and towels required, blocks and straps recommended.

4Day | La Hacienda Recreation Center Fee: R\$40 | G\$46

HEA34101	M	10/7 - 10/28	10:00AM - 11:10AM
HEA34102	M	1/20 - 2/10	10:00AM - 11:10AM

YOGA ADVANCED PRACTICE

Susan Reid

This class is for experienced yoga practitioners & athletes. To benefit from the class you must be able to easily meet the following requirements: hold plank pose for 30 seconds; hold downward dog for 1 minute; hold [half] bound side angle for 15 seconds; hold shoulder stand for 15 seconds; reach your ankles in bow pose. We will build strength and flexibility and learn new yoga poses. Please bring a yoga mat and two blocks.

4Day | La Hacienda Recreation Center Fee: R\$35 | G\$41

HEA27101	W	1/8 - 1/29	10:30AM - 11:45AM
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YOGA GLOW INTERMEDIATE

Cat O'Neill

Awaken your energetic body as you stretch, tone and strengthen every muscle. Synchronizing breath and movement absorbs the mental chatter and opens the heart. For those who have a basic knowledge of yoga. Participants are required to bring yoga mat. yoga blocks/straps helpful.

6Day | Moyer Recreation Center Fee: R\$60 | G\$66

HEA35101	Su	10/6 - 11/10	9:00AM - 10:30AM
HEA35102	Su	1/5 - 2/9	9:00AM - 10:30AM

Have Questions? Check the FAQ's on PAGE **4**

HISTORY

3000 YEARS OF EGYPTIAN HISTORY

Lisa Didier

Discover where, why and how pyramids were built, the beauty secrets of early Egyptians, why mummies were important and why it wasn't always good to be the king of Egypt

1Day | Eisenhower Recreation Center Fee: R\$25 | G\$31

HIS37102	Tu	2/18	1:30PM - 3:30PM
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"THE FALLING DOMINOES" THE HISTORY OF THE VIETNAM WAR

James Press

Let's take a close look at how & why America got involved in the Vietnam War. We'll explain how WWII and the Cold War pulled America towards the jungles of Vietnam. Meet presidents, diplomats, soldiers and spies from France, Vietnam, China & America, as we discuss this momentous event in American history.

2Day | Eisenhower Recreation Center Fee: R\$30 | G\$36

HIS74101	Tu	10/29 - 11/5	1:30PM - 3:00PM
HIS74102	Tu	12/3 - 12/10	1:30PM - 3:00PM
HIS74103	Tu	3/10 - 3/17	1:30PM - 3:00PM

ALL ABOUT DINOSAURS

Drake Shepard

This presentation focuses on how dinosaurs lived, their environment, and the many diverse kinds that roamed the earth. This class details meat eaters such as T-Rex, sauropod plant eaters, Ankylosaurs, and Hadrosaurs, plus their extinction.

1Day | Lake Miona Recreation Center Fee: R\$10 | G\$16

HIS109101	M	1/13	3:00PM - 4:15PM
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ANCIENT CITIES OF THE MEDITERRANEAN

Michael Hendershot

Troy, Mycenae, Nineveh, Babylon, Memphis, Constantinople and Jerusalem, are some of the cities to be discussed. Important events, prominent rulers and the impact of their civilization will be covered.

2Day | Lake Miona Recreation Center Fee: R\$30 | G\$36

HIS81101	Tu	10/15 - 10/22	6:00PM - 7:30PM
HIS81102	Tu Th	2/20 - 2/25	6:00PM - 7:30PM

AVIATORS, ACTIVISTS & ATHLETES, OH MY!

Lisa French

Come explore courageous & often outrageous female aviators, activists and athletes. Women who soared in the sky, on the field, or out in the field, jungle or swamp. Great stories of women who dared! Examples include Florence "Pancho" Barnes, Marjorie Stoneman Douglas and Babe Didrikson Zaharias.

5Day | Lake Miona Recreation Center Fee: R\$60 | G\$66

HIS72101 Th 10/10 - 11/7 2:00PM - 3:30PM

BENEDICT ARNOLD: AN AMERICAN TRAGEDY

Donald Wyman

Bad debts caused Benedict Arnold's father to turn to alcohol. An unhappy home life caused Benedict to enlist in the Connecticut militia at age 15. By 19, both his mother and father were dead. He was rated the best battlefield general by both sides.

1Day | Eisenhower Recreation Center Fee: R\$15 | G\$21

HIS98101 W 10/16 4:00PM - 5:00PM

CARIBBEAN: COLUMBUS, CANNIBALS, CARGO

Lisa Didier

True story of Columbus, not the great navigator, but the man who was brought back to Spain in chains for slavery and genocide. Plus the history of the Caribbean tribes and the only tribe that still exists.

1Day | Rohan Recreation Center Fee: R\$25 | G\$31

HIS91101 Th 10/10 1:00PM - 3:00PM

DISCOVERING THE AMAZON

Lisa Didier

Grab your hat and catch net and travel with the first naturalists to the Amazon. Hear about their adventures and see the rare and often bizarre specimens they introduced to the world.

1Day | Eisenhower Recreation Center Fee: R\$25 | G\$31

HIS43102 Tu 2/11 1:30PM - 3:30PM

EIGHT EVENTS THAT MADE THE WORLD

John Blackwell

In the past few years, we have discovered many earth-like planets circling other stars, but intelligence seems unique to Earth. Since we were in college, eight newly-discovered things about Earth have given us clues why, without assuming, technological societies blow themselves up.

8Day | Lake Miona Recreation Center Fee: R\$50 | G\$56

HIS106101 Sa 10/5 - 11/23 6:30PM - 8:00PM

*Interested in becoming an instructor or speaker?
Visit www.DistrictGov.org for more information.*

ELIZABETH FRIEDMAN: AMERICA'S PREMIER CODE SMASHER

Donald Wyman

This PowerPoint program tells the story of perhaps the greatest code breaker in World History! From a farm in Indiana to the nation's capital as cryptographer-in-charge, she led the way in solving one code after another. She broke three German enigma codes, not with a computerized machine, but with a paper and pencil.

1Day | Eisenhower Recreation Center Fee: R\$15 | G\$21

HIS97101 W 10/9 4:00PM - 5:00PM

FEMALE INTELLIGENCE: WOMEN & ESPIONAGE

Lisa French

The rarely documented history of female involvement in war dates back to ancient times. The role of women working undercover or in intelligence work in the two world wars is gradually emerging in modern history. Come investigate the documented data of female Intelligence during the most dangerous of times.

4Day | Lake Miona Recreation Center Fee: R\$50 | G\$56

HIS73101 Th 1/30 - 2/20 2:00PM - 3:30PM

FEMALE SPIES OF THE CIVIL WAR

Donald Wyman

Women were not thought of as possible spies; they were too shy and sweet to do that dirty, distasteful, disreputable work. This program shows who did what, and for whom, on both sides of the Mason-Dixon line.

1Day | Eisenhower Recreation Center Fee: R\$15 | G\$21

HIS100101 Th 11/14 1:30PM - 2:30PM

FAMOUS AMERICANS

Drake Shepard

Come and meet 3 famous Americans who changed the face of America, including architecture, everyday inventions, and a betterment of society. The 3 sessions will include impressions of Frank Lloyd Wright, Thomas Edison and Teddy Roosevelt. Each class will be done in period costume with a PowerPoint presentation.

3Day | Lake Miona Recreation Center Fee: R\$30 | G\$36

HIS110101 F 2/7 - 2/21 1:00PM - 2:15PM

FROM STICKS TO BRICKS

Drake Shepard

This 3-part series explores how we developed over time to become us. Each lecture details how our minds, bodies, and social interactions changed, plus how cities and cultures formed throughout the ages. 1st Class: How Humans Evolved; 2nd Class: Otzi the Iceman; 3rd Class: Ancient Egypt Revealed.

3Day | Lake Miona Recreation Center Fee: R\$30 | G\$36

HIS107101 M 10/14 - 10/28 3:00PM - 4:15PM

*Course Supply Fee - In addition to class fee.

GETTYSBURG AND ANTIETAM

Michael Hendershot

A detailed look at the two iconic civil war battles in the east. Civil war tactics and strategy, along with weapons and leaders, will be covered.

3Day | Lake Miona Recreation Center Fee: R\$30 | G\$36

HIS09103 Tu 1/14 - 1/28 6:00PM - 7:30PM

GOLDEN AGE OF HOLLYWOOD-PART 1

Lisa Didier

Discover the truth about Hollywood's murders, scandals and suicides. From the silent movies to the 1950's learn how the movie studios kept America from learning the truth about stars like Clark Gable, Carol Lombard, Lana Turner, and Errol Flynn.

1Day | Lake Miona Recreation Center Fee: R\$25 | G\$31

HIS46102 W 10/2 1:00PM - 3:00PM

GOLDEN AGE OF HOLLYWOOD-PART 2

Lisa Didier

This program features more of the 'back story' about famous stars of Hollywood and the truth about the murders, suicides, and scandals.

1Day | Lake Miona Recreation Center Fee: R\$25 | G\$31

HIS89101 Su 10/27 1:00PM - 3:00PM

GREAT BRITAIN, CHINA AND THE OPIUM WARS

Lisa Didier

Using more than 70 slides, this program presents the history of Great Britain's conquest of India; and how the opium trade brought China to its knees.

1Day | Eisenhower Recreation Center Fee: R\$25 | G\$31

HIS92101 Th 11/21 1:00PM - 3:00PM

HEMINGWAY'S WOMEN

Carolyn Ingham

This is not a class about Hemingway, but about the women he loved. Focus is on his mother Grace, his first love Agnes, his Paris wife Hadley, his Key West wife Pauline, his Havana wife Martha, and finally his Idaho wife Mary.

5Day | Lake Miona Recreation Center Fee: R\$63 | G\$69

HIS86101 Tu 3/3 - 3/31 4:00PM - 5:30PM

HENRY FLAGLER, HENRY PLANT & FLORIDA HISTORY

Dr. Sidney Soclof

Learn about Henry Flagler and Henry B. Plant and their accomplishments in the development of Florida, and about the entire history of Florida from the days of the Spanish conquest up to the present day.

6Day | Lake Miona Recreation Center Fee: R\$50 | G\$56

HIS17104 M F 2/21 - 3/9 10:30AM - 12:00PM

HISTORY OF ENGLAND

Michael Hendershot

From Stonehenge to Waterloo. Romans, Vikings and Norman invasions. Royal families and momentous events are covered.

3Day | Lake Miona Recreation Center Fee: R\$30 | G\$36

HIS82101 Th 1/9 - 1/23 6:00PM - 7:30PM

HISTORY OF FORENSIC SCIENCE -PART 1

Lisa Didier

Famous crimes and evidence that led to the evolution of criminal forensic sciences such as the 1st mug shots, finger prints, toxicology, trace evidence and 1st conviction using DNA.

1Day | Eisenhower Recreation Center Fee: R\$25 | G\$31

HIS35103 Tu 10/8 1:30PM - 3:30PM

HISTORY OF FORENSIC SCIENCE -PART 2

Lisa Didier

More famous and bizarre murders and how they were solved 'back in the day'.

1Day | Lake Miona Recreation Center Fee: R\$25 | G\$31

HIS88101 F 10/11 1:00PM - 3:00PM

HISTORY OF IRELAND

Lisa Didier

History of early Ireland including the Celts and the Druids and the wealth of Irish legends including; banshees, changelings, pookas and leprechauns.

1Day | Lake Miona Recreation Center Fee: R\$25 | G\$31

HIS42102 Su 3/8 1:00PM - 3:00PM

ITALIAN RENAISSANCE: PLOTS, POISON AND POWER

Lisa Didier

The dark side of the Renaissance, 200 years of power, plots, popes and poison.

1Day | Eisenhower Recreation Center Fee: R\$25 | G\$31

HIS38103 Tu 1/21 1:30PM - 3:30PM

KATHERINE LUTHER THE FIRST LADY OF THE REFORMATION

Ruth Leininger

This portrayal of the amazing life of Katherine Luther depicts the reality of German life in a historical, amusing way in the early 1500's. Through Katherine, participants will gain insight on her young life, marriage to Martin Luther and impact she made in the Government and Church.

1Day | Lake Miona Recreation Center Fee: R\$10 | G\$16

HIS105101 M 2/17 10:00AM - 11:00AM

*Course Supply Fee - In addition to class fee.



KNIGHTS TEMPLAR & THE AGE OF DISCOVERY

Lisa Didier

History of the legendary warrior-monks including their founding, where they fought and why, their military ranks, dress, secret rights, their castles and the Templars of today.

1Day | Rohan Recreation Center Fee: R\$25 | G\$31

HIS90101 Th 10/3 1:00PM - 3:00PM

MADAMS IN AMERICA 1850-1910: PART 1

Lisa Didier

Learn how America's first CEOs of the service industry ran their 'Houses of Joy', see images of their original buildings and antiques and hear anecdotes about their personal lives.

1Day | Eisenhower Recreation Center Fee: R\$25 | G\$31

HIS36102 Tu 1/28 1:30PM - 3:30PM

MADAMS IN AMERICA 1850-1910: PART 2

Lisa Didier

Another historical romp about the 1st CEOs of the America's service industry, with a change of venue featuring the famous/infamous madams of New Orleans, Alaska and San Francisco.

1Day | Eisenhower Recreation Center Fee: R\$25 | G\$31

HIS41102 Tu 2/4 1:30PM - 3:30PM

MOMMY DEAREST: BACK STORY OF MOTHERS OF FAMOUS OR INFAMOUS PEOPLE

Lisa Didier

Learn the real story behind "maternal influence". Biographies of famous and infamous people never reveal the truth about their mothers, women like Ma Barker, Mrs. Einstein, and Gladys Presley and how some "mommies dearest" shaped or destroyed the lives of their children.

1Day | Eisenhower Recreation Center Fee: R\$25 | G\$31

HIS93101 Tu 12/10 1:30PM - 3:30PM

OUR NATURAL WORLD

Drake Shepard

This 4-part series details the wonders of the world viewed in unique disciplines to tell a story of how we study, change, use and exploit our resources. Subjects include cosmology, oceanography, geology, and forest ecology. 1st Class: Space, Stars, and You; 2nd class: Our Oceans; 3rd class: Gold & Diamonds; 4th Class: Rain Forests.

4Day | Lake Miona Recreation Center Fee: R\$40 | G\$46

HIS108101 F 11/1 - 11/22 1:00PM - 2:15PM

PIRATES: A HISTORY OF PIRACY

Donald Wyman

This colorful PowerPoint program starts with an explanation of pirate differences geographically, nomenclature, flags, areas of operation, battles, targets, fleets, notorious commanders, bases of operation, financial success, capture and punishments. It follows the world of piracy up to and including this current year.

1Day | Eisenhower Recreation Center Fee: R\$15 | G\$21

HIS101101 Th 12/5 1:30PM - 2:30PM

SACAGAWEA: THE BIRD WOMEN

Donald Wyman

Thomas Jefferson's "Corps of Discovery" was an unprecedented journey to determine if there was a water route to the Pacific. Lewis and Clark, the expedition's leaders, needed someone to help lead the way, communicate, and negotiate with the scores of tribes they would encounter for their periodic needs. She helped guide the way, interpreted and negotiated with all the chiefs, and probably saved the group from extermination on more than one occasion.

1Day | Lake Miona Recreation Center Fee: R\$15 | G\$21

HIS103101 Th 3/12 2:30 PM - 3:30 PM

SCOTLAND: THE KINGDOM, THE CULTURE & THE GHOSTS

Lisa Didier

The history, culture of Scotland including famous pubs and the stories of the ghosts who haunt them.

1Day | Eisenhower Recreation Center Fee: R\$25 | G\$31

HIS94101 Tu 3/31 1:30PM - 3:30PM

Have Questions? Check the FAQ's on PAGE 4



SPAIN: DREAMS, LEGENDS AND LIES

Lisa Didier

The dreams, legends and lies that created the history of Spain including the truth about Ferdinand & Isabella and their infamous Spanish Inquisition.

1Day | Eisenhower Recreation Center Fee: R\$25 | G\$31

HIS39102 Tu 2/25 1:30PM - 3:30PM

THE "SWAMP FOX" OF THE REVOLUTION

John Ciotti

Francis Marion was called "The Swamp Fox" because of his evasive guerrilla tactics in South Carolina during the American Revolution. The course describes his life and extraordinary exploits during the war and how he is portrayed in a Disney series and the movie "The Patriot".

1Day | Lake Miona Recreation Center Fee: R\$25 | G\$31

HIS80101 W 10/16 1:00PM - 2:30PM
HIS80102 W 1/29 1:00PM - 2:30PM

THE CIA MUSEUM: A PRIVATE TOUR

Donald Wyman

The CIA Museum, inside the CIA Headquarters building in Langley, is not open to the public. The instructor recently was given both a special 2-hour private tour by the museum director and also, exclusive permission and support in creating this special PowerPoint "Private Tour" of the museum.

1Day | Eisenhower Recreation Center Fee: R\$15 | G\$21

HIS96101 W 10/2 4:00PM - 5:00PM

RECONSTRUCTION - THE SECOND AMERICAN REVOLUTION

Emmett Coyne

Creating a new nation was a challenge. Putting the nation back together after a civil war was a most formidable task. It has successes and failures both of which affect us today as a controversial part of American history.

2Day | Lake Miona Recreation Center Fee: R\$14 | G\$20

HIS95101 M 11/11 - 11/18 3:00PM - 4:30PM
HIS95102 M 2/3 - 2/10 3:00PM - 4:30PM

THE GREAT NATIVE AMERICAN CHIEFS

Donald Wyman

This PowerPoint program reveals the most prominent Native American Chiefs who led their tribes during the best - and the worst - times for them and all their followers. It reveals some customs, obstacles, deceptions, mistreatment and massacres suffered as Manifest Destiny became the law.

1Day | Eisenhower Recreation Center Fee: R\$15 | G\$21

HIS99101 W 10/23 4:00PM - 5:00PM

THE HUTCHINSON LETTERS: A MYSTERY OF HISTORY

Donald Wyman

Thomas Hutchinson had secretly worked his way up the British political hierarchy by writing letters to a member of British Parliament giving them tips on how to thwart the efforts of the rebelling colonists in the Boston area from achieving any of their goals - political, economic, legal or financial.

1Day | Lake Miona Recreation Center Fee: R\$15 | G\$21

HIS102101 Th 3/5 2:00PM - 3:00PM

THE NATIVE AMERICAN STORY

Donald Wyman

CUSTOMS-RITUALS-TRAVAILS: This PowerPoint program opens a door into the Native American's world of Art, Time, Peace Pipes & Treaties, Dwellings, Music & Instruments, Dances, Bows & Arrows, Numerology and Sacred Rituals & Ceremonies.

1Day | Lake Miona Recreation Center Fee: R\$15 | G\$21

HIS104101 Th 3/19 2:30PM - 3:30PM

THE UNKNOWN, UNBELIEVABLE PAULI MURRAY

Carolyn Ingham

She was a poet, a writer, a teacher, a lawyer, a priest, and a great friend of Eleanor Roosevelt. As an early feminist, she spent the first half of her life fighting for blacks and the second half of her life fighting for women.

2Day | Lake Miona Recreation Center Fee: R\$30 | G\$36

HIS85101 Tu 2/4 - 2/11 4:00PM - 5:30PM

*Course Supply Fee - In addition to class fee.

THEMES & THINGS OF THE AMERICAN REVOLUTION AND CIVIL WAR

John Ciotti

This course consists of engaging lectures on military, naval, and civilian aspects on these two major events in American History. The instructor dresses in different historical outfits that coincide with the different lectures, and brings in many historical artifacts, including a full medical kit from each time-period. Besides discussing the major causes and events of the wars, a major part of the course consists of portraying the lives of the ordinary soldiers and civilians.

5Day | Lake Miona Recreation Center Fee: R\$50 | G\$56

HIS01107	M	11/4 - 12/2	8:30AM - 10:00AM
HIS01108	M	1/13 - 2/10	8:30AM - 10:00AM

THINKERS AND DRINKERS: THE WOMEN OF BOHEMIAN GREENWICH VILLAGE AND HARLEM

Cindy Grossman

They were writers, publishers, photographers, performing artists, activists, salon hostesses and above-all free spirited women who came to New York City in the early 20th century. These unconventional women came to Greenwich Village and Harlem to reinvent themselves and leave their indelible mark on the modern world. This is a discussion course, so please be prepared to read 50 pages per week. TEXT: All-Night Party: The Women of Bohemian Greenwich Village and Harlem, 1913-1930 [2004] By Andrea Barnet [available widely at bookstores and as an e-book.]
NO CLASS: 4/8

5Day | Lake Miona Recreation Center Fee: R\$63 | G\$69

HIS87101	W	3/11 - 4/15	4:00PM - 6:00PM
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TSARS & EMPRESSES OF IMPERIAL RUSSIA

Lisa Didier

History, anecdotes and surprises about Imperial Russia presented through the lives of famous and notorious Rurik & Romanov Tsars & Empresses

1Day | Eisenhower Recreation Center Fee: R\$25 | G\$31

HIS44103	Tu	3/24	1:30PM - 3:30PM
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WOMEN IN THE MEDIA

Carolyn Ingham

This is the story of the women who broke down the previously all-male bastion, the newsroom: the inimitable Barbara Walters, the golden sphinx Diane Sawyer, the girl next door Katie Couric, and the exotic evangelist Christiane Amanpour.

4Day | Lake Miona Recreation Center Fee: R\$45 | G\$51

HIS84101	Tu	10/1 - 10/22	4:00PM - 5:30PM
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*Interested in becoming an instructor or speaker?
Visit www.DistrictGov.org for more information.*

WOMEN OF THE WESTWARD MOVEMENT

Carolyn Ingham

This is the story of wives, mothers, prostitutes, and mail order brides who made the 2,400 mile trip across the continent in the mid 1800s. Imagine a 6-8 month journey in a wagon with no springs, in 100 degree heat, through drenching summer storms. This is the story of these brave, flesh and blood women.

2Day | Lake Miona Recreation Center Fee: R\$30 | G\$36

HIS14103	Tu	1/7 - 1/14	4:00PM - 5:30PM
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WORLD WAR II IN EUROPE

Michael Hendershot

The military campaigns in Europe are examined, including the fall of France, North Africa, Sicily and the Italian campaigns. Finally, D-day Market Garden and Battle of the Bulge are looked at.

3Day | Lake Miona Recreation Center Fee: R\$30 | G\$36

HIS32103	Tu	3/3 - 3/17	6:00PM - 7:30PM
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WORLD WAR II IN RUSSIA

Michael Hendershot

A detailed look at the military operations on the eastern front. Barbarossa, Stalingrad, Kursk and other major battles will be discussed.

3Day | Lake Miona Recreation Center Fee: R\$30 | G\$36

HIS83101	Tu	3/24 - 4/7	6:00 PM - 7:30 PM
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WORLD WAR II IN THE PACIFIC

Michael Hendershot

The focus will be on the naval battles and island campaigns. Pearl Harbor, Midway, Coral Sea, Guadalcanal, Iwo Jima and Okinawa are some of the topics.

3Day | Lake Miona Recreation Center Fee: R\$30 | G\$36

HIS33102	Tu Th	11/5 - 11/12	6:00PM - 7:30PM
HIS33103	Tu Th	2/11 - 2/18	6:00PM - 7:30PM

HOBBY

BALLOON ARTISTRY: BEGINNER

Peggy Lee Werner

Have you ever wanted to learn how to create your own balloon animals to impress a crowd or entertain at your grandchild's birthday parties? If so, this balloon art for beginner's course is the perfect place to start! Start with the basics, and get step-by-step instructions for common balloon art knots and twists, then learn how to make get well, Birthday, Anniversary gifts as well as thank you gifts, flowers and animals. There is a \$16 supply fee* payable to the instructor the first day of class. Supplies will include a pump and more than 100 colorful balloons!

4Day | Churchill Street Recreation Center Fee: R\$60 | G\$66

HOB04105	M	11/4 - 11/25	10:00AM - 12:00PM
HOB04106	M	1/27 - 2/17	10:00AM - 12:00PM

BALLOON ARTISTRY: INTERMEDIATE

Peggy Werner

This class will take your balloon décor skills to the next level. You will learn advanced twist, and balloon décor. Wow your friends and take your ballooning to the next level. Class requires completion of beginner course and instructor approval. There is a \$12 supply fee* payable to the instructor the first day of class.

4Day | Churchill Street Recreation Center Fee: R\$60 | G\$66

HOB05103 M 3/2 - 3/23 10:00AM - 12:00PM

CLOWNING AROUND BASIC

Sharon Dwyer and Rebecca Montgomery

This course prepares its participants in building a clown character including type of makeup and creating their costume. Clown skills will cover ballooning, simple magic, performance & presentation, face painting, walk arounds, puppetry & one liners. Upon class completion all will be eligible to join a Clown Alley. There is a \$20 supply fee* payable to instructor the first day of class.

NO CLASS: 3/16

8Day | Pimlico Recreation Center Fee: R\$50 | G\$56

HOB12101 M 10/7 - 11/25 6:00PM - 8:00PM
HOB12102 M 2/3 - 3/30 6:00PM - 8:00PM

DRONE BASICS

Donald Wiley

Designed for the new and prospective drone flyer this course covers general drone information, rules, and regulations for flying, guidance for buying your first drone, basic flying skills, and best practices.

4Day | Lake Miona Recreation Center Fee: R\$50 | G\$56

HOB13101 Tu Th 10/1 - 10/10 10:00AM - 12:00PM
HOB13102 W F 10/16 - 10/25 6:30PM - 8:30PM
HOB13104 Tu Th 1/16 - 1/28 10:00AM - 12:00PM
HOB13106 Tu Th 3/17 - 3/26 10:00AM - 12:00PM

DRONE: FLYING YOUR DJI

Donald Wiley

Geared for the owners of DJI consumer grade drones, this class focuses on the configuring, operating, and flying of these powerful aircraft using the DJI Go software and other available software packages.

5Day | Lake Miona Recreation Center Fee: R\$125 | G\$131

HOB14101 W F 11/6 - 11/20 6:30PM - 8:30PM
HOB14102 Tu Th 2/4 - 2/18 6:30PM - 8:30PM

ENTERTAINING WITH GRACE AND STYLE

Christine Cooper

Holiday parties and guests are ahead! This fun and creative class will give you all the tools and confidence you will need to host very special holiday events that will be remembered and cherished by friends and family. Each participant will complete the class with a binder full of information, recipes, and ideas. Open to all skill levels.

4Day | Lake Miona Recreation Center Fee: R\$70 | G\$76

HOB20101 F 10/4 - 10/25 11:00AM - 12:30PM

MAGIC FOR BEGINNERS

Wally Libenson

Magic for Beginners will teach the basics of sleight of hand. At the completion of the course, participants will know how to make a handkerchief disappear, perform tricks with rope, do a basic mind reading routine, as well as various magic effects with playing cards. Also to be discussed will be ethics in magic, magic as an art, and performance tips to amaze friends, family and grandchildren. The first class of each session covers some topics that serve as a foundation for the second and third classes. For this reason attendance at the first class is a prerequisite for the second and third class. There is a \$15 materials fee* payable to instructor the first day of class.

3Day | Lake Miona Recreation Center Fee: R\$88 | G\$94

HOB02109 Tu 11/5 - 11/19 2:30PM - 4:00PM
HOB02110 Tu 1/7 - 1/21 2:30PM - 4:00PM
HOB02111 Tu 3/3 - 3/17 2:30PM - 4:00PM

MAH JONGG: BEGINNER

Elaine Carpenter

Looking for beginners and those who need a refresher. I will have you playing in 5 weeks and having some fun. Just need a card with the hands to play. Hope to meet you this season.

NO CLASS: 11/26

5Day | Bridgeport Recreation Center Fee: R\$80 | G\$86

HOB01117 Tu 10/1 - 10/29 4:30PM - 6:30PM
HOB01118 Tu 11/5 - 12/10 4:30PM - 6:30PM
HOB01119 Tu 1/28 - 2/25 4:30PM - 6:30PM
HOB01120 Tu 3/3 - 3/31 4:30PM - 6:30PM

MAH JONGG: WINNING STRATEGIES

Martha Whaley

This interactive lecture class is for those wanting additional assistance in setting up their tiles, passing tiles, deciding on a hand, changing hands, and winning strategies. Special emphasis is on card [current and any] analysis.

1Day | Lake Miona Recreation Center Fee: R\$40 | G\$46

HOB07113 Tu 10/15 9:00AM - 12:00PM
HOB07114 Th 11/14 9:00AM - 12:00PM
HOB07115 Tu 1/14 9:00AM - 12:00PM
HOB07116 Th 2/13 9:00AM - 12:00PM
HOB07117 Th 3/12 9:00AM - 12:00PM

Have Questions? Check the FAQ's on PAGE 4

*Course Supply Fee - In addition to class fee.



NUMEROLOGY, THE LANGUAGE OF NUMBERS

Frances Szarnicki

Students will learn to “read” numbers in a fashion similar to reading the alphabet. Beginners and experienced numerologists will appreciate this fresh approach in learning basic techniques, healing codes, double digit meanings and so much more.

4Day | Lake Miona Recreation Center Fee: R\$40 | G\$46

HOB17101	F	10/4 - 10/25	1:30PM - 3:00PM
HOB17102	F	1/3 - 1/24	1:30PM - 3:00PM

NUMEROLOGY: ADVANCED

Frances Szarnicki

Delve into the double digit system of numerology for greater accuracy and understanding and I guarantee you will never look back! In this class we view numerology as the software in our operating system. Learn how to create numerical code and insert it into your system to heal your environment and achieve your desires.

4Day | Lake Miona Recreation Center Fee: R\$40 | G\$46

HOB22101	F	2/14 - 3/6	1:30PM - 3:00PM
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STAGING YOUR HOME TO PERFECTION

Christine Cooper

This class will address individual design solutions and is open to all skill levels. Goals will include creating a cohesive design communicating who we are through the decorating process, identifying functions and style, and how to use color, balance and symmetry. Furniture placement, lighting, art and accessories will be covered.

4Day | Lake Miona Recreation Center Fee: R\$70 | G\$76

HOB21101	F	1/10 - 1/31	10:00AM - 11:30AM
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DID YOU KNOW?

The Enrichment Academy offers volunteer opportunities, providing services willingly and without pay to help fulfill an educational, social, recreational, emotional or physical need to participants.

LANGUAGE

AMERICAN SIGN LANGUAGE [ASL] PART 1

Bobby Davis

This class is an intro to ASL. Students will be exposed to finger-spelling, basic signs, receptive/expressive conversational situations, and Deaf culture. In this interactive class, students will be asked to participate in various verbal and nonverbal group activities.

5Day | Lake Miona Recreation Center Fee: R\$50 | G\$56

LAN01109	M	1/6 - 2/3	6:30PM - 8:00PM
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AMERICAN SIGN LANGUAGE [ASL] PART 2

Bobby Davis

This class is for those students who have taken the Intro ASL 1 class from Mr. Davis, and want to expand their basic signing skills and increase their knowledge of the deaf culture.

5Day | Lake Miona Recreation Center Fee: R\$50 | G\$56

LAN11107	M	10/7 - 11/4	6:30PM - 8:00PM
LAN11108	M	2/17 - 3/16	6:30PM - 8:00PM

FRENCH I

Francoise Faber-Goldsworthy

This course uses Total Physical Response [TPR] to get students involved. Students participate in French conversations centered around simple daily experiences.

4Day | Lake Miona Recreation Center Fee: R\$75 | G\$81

LAN04109	Th	10/10 - 10/31	6:00PM - 7:30PM
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FRENCH II

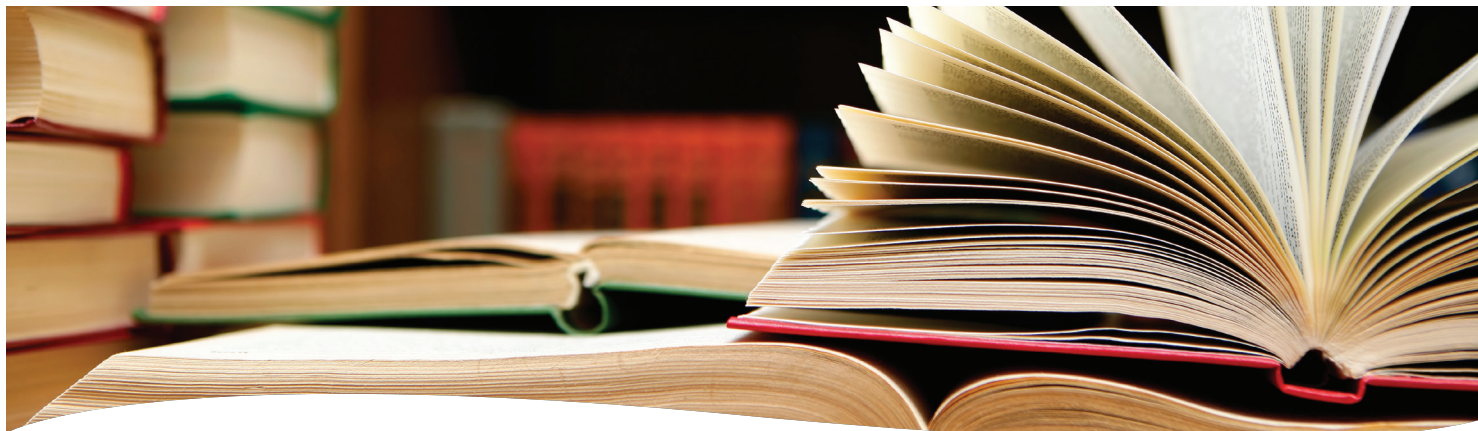
Francoise Faber-Goldsworthy

A continuation of French 1. Students will develop skills using verbs/tenses as applied to popular culture. No book is required, all materials are furnished.

NO CLASS: 11/28

4Day | Lake Miona Recreation Center Fee: R\$75 | G\$81

LAN12106	Th	11/7 - 12/5	4:00PM - 5:30PM
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FRENCH III

Francoise Faber-Goldsworthy

This class is offered to those who have completed my French I & II. The objective will be to continue building vocabulary, grammar, concepts and sentence structure with emphasis on speaking French. No book is required, all materials are furnished.

4Day | Lake Miona Recreation Center Fee: R\$75 | G\$81

LAN17105 Th 1/2 - 1/23 6:00PM - 7:30PM

FRENCH IV

Francoise Faber-Goldsworthy

This class is open to graduates of French III and those with limited French studies. The emphasis will be on speaking and interacting as applied to today's French culture. An introduction to composing and writing phrases. No book is required, all material furnished.

4Day | Lake Miona Recreation Center Fee: R\$75 | G\$81

LAN19104 Th 2/6 - 2/27 4:00PM - 5:30PM

FRENCH V

Francoise Faber-Goldsworthy

French V is created especially for those who have completed French I-IV at TEA. You'll learn to read French books, newspapers, to enjoy French movies, and to translate material. We'll converse almost exclusively in French.

Required book: "French Short Stories for Beginners" ISBN 97817212566983, around \$14 from Amazon.com

4Day | Lake Miona Recreation Center Fee: R\$75 | G\$81

LAN22103 Th 3/12 - 4/2 6:00PM - 7:30PM

GERMAN: BASIC

Helga Sharp

Basic German offers interested students a way to refresh their German language skills. The class is designed for students who have had exposure to German in the past.

6Day | Lake Miona Recreation Center Fee: R\$50 | G\$56

LAN05103 Tu 10/8 - 11/12 2:00PM - 3:30PM

LAN05104 Tu 1/14 - 2/18 2:00PM - 3:30PM

ITALIAN: BEGINNERS CONVERSATIONAL

Gianna Ragona-Suarez

Learn basic conversational phrases that will be easy to remember and fun. Join with a friend, bring a journal, a pen and be ready to speak phrases in 6 weeks. Gianna has taught Italian for 10 years.

6Day | Lake Miona Recreation Center Fee: R\$63 | G\$69

LAN23101 M 10/14 - 11/18 2:00PM - 4:00PM

LAN23102 M 1/13 - 2/17 2:00PM - 4:00PM

LEARN TO READ HEBREW

Nina Harmelin

Learn the Hebrew alphabet. Upon completion of class, participants should be able to read Hebrew fluently and be comfortable during a synagogue service.

8Day | Bacall Recreation Center Fee: R\$75 | G\$81

LAN24101 Th 10/3 - 11/21 7:00PM - 8:00PM

SPANISH: CONTINUATION OF SPANISH-A

Mario Acevedo

This is the continuation of "Conversational Beginners' Spanish". You must have completed "Conversational Spanish" or have Spanish speaking experience. Course A and B are structured in such a way you can take either one first.

8Day | Lake Miona Recreation Center Fee: R\$75 | G\$81

LAN14104 Th 1/16 - 3/5 2:00PM - 3:30PM

SPANISH: CONTINUATION OF SPANISH-B

Mario Acevedo

This is the continuation of "Conversational Beginners' Spanish". You must have completed "Conversational Spanish" or have Spanish speaking experience. Heavy emphasis will be placed on speaking, listening, interpretation and writing. In addition, there will be heavy concentration on sentence structure and verb agreement. Course A and B are structured in such a way you can take either one first.

NO CLASS: 11/28

8Day | Lake Miona Recreation Center Fee: R\$75 | G\$81

LAN15103 Th 10/17 - 12/12 2:00PM - 3:30PM

SPANISH: CONVERSATIONAL BEGINNER'S SPANISH

Mario Acevedo

This course is intended for students who have previous (limited) Spanish experience from high school, college, or have taken Mario's "Let Me Teach You" course. For those who lack confidence, it is recommended to start with "Let Me Teach You."

8Day | Lake Miona Recreation Center Fee: R\$75 | G\$81

LAN08106	Tu	10/15 - 12/3	2:00PM - 3:30PM
LAN08107	Tu	2/11 - 3/31	2:00PM - 3:30PM

SPANISH: LET ME TEACH YOU [ULTRA BEGINNER]

Mario Acevedo

This course is for those who have no experience in Spanish, but have been afraid to try, thinking it may be too hard. Well, it's not! In this course, the participants will be provided with a sufficient understanding of the Spanish language.

4Day | Lake Miona Recreation Center Fee: R\$38 | G\$44

LAN07111	W	10/30 - 11/20	2:00PM - 3:30PM
LAN07110	Tu	1/7 - 1/28	2:00PM - 3:30PM

SPANISH - BEGINNING SPANISH FOR TRAVEL

Patricia Cummings

Traveling abroad? Come and acquire general conversational skills. Master how to get a room, read a menu, follow directions, and use basic survival skills. Great class for beginners!

10Day | Lake Miona Recreation Center Fee: R\$75 | G\$81

LAN13103	Tu Th	10/1 - 10/31	4:00PM - 5:30PM
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SPANISH - LET'S TALK: BEGINNER'S SPANISH

Patricia Cummings

Want to learn basic conversational skills in Spanish? Discover how to master general conversations, show preferences, and chat about everyday life. Great class for beginners!

10Day | Lake Miona Recreation Center Fee: R\$75 | G\$81

LAN09103	Tu Th	1/7 - 2/6	4:00PM - 5:30PM
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SPANISH - "LET'S KEEP TALKING SPANISH"

Patricia Cummings

Come and join us for the continuation of "Let's Talk... Spanish for Beginners." The course is designed to expand your speaking skills. It will enable you to talk about your feelings, describe what you see and do as well as where you go. The class is "user friendly" but previous knowledge of Spanish is required. There is a \$5 fee* for optional booklet.

6Day | Lake Miona Recreation Center Fee: R\$75 | G\$81

LAN20102	Tu Th	2/18 - 3/5	4:00PM - 5:30PM
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Have Questions? Check the FAQ's on PAGE 4

*Course Supply Fee - In addition to class fee.

LITERATURE

AMERICAN GLORY: STEINBECK, FAULKNER & HEMINGWAY

David Harshfield

These gentlemen were the highly acclaimed novelists of the mid-twentieth century. Each was an American. Each had an engaging past. The class will examine and discuss these three authors who brought worldwide attention to American Literature.

2Day | Eisenhower Recreation Center Fee: R\$63 | G\$69

LIT01103	W	1/8 - 1/15	1:00PM - 2:30PM
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AMERICAN THINKERS: THOREAU & EMERSON

David Harshfield

Henry David Thoreau and his friend Ralph Waldo Emerson were both prolific writers who influenced each other and who have influenced our thinking today. This class will seek insights into how these two philosophical thinkers were ahead of their time and how their thoughts are still relevant today.

2Day | Eisenhower Recreation Center Fee: R\$63 | G\$69

LIT12103	W	1/8 - 1/15	2:45PM - 4:15PM
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CHARLES DICKENS: THE MAN, THE MYTH, THE LEGEND

David Harshfield

This novelist who hailed from Portsea, England, captured our imaginations, showing us the reality of Victorian England. The journalist-theatre buff-turned novelist created immortal characters like Little Nell and Pip. His fictionalized protagonists make us wonder exactly how autobiographical his novels actually are.

2Day | Eisenhower Recreation Center Fee: R\$63 | G\$69

LIT28101	W	10/30 - 11/6	1:00PM - 2:30PM
LIT28102	W	2/5 - 2/12	2:45PM - 4:15PM

EDGAR ALLAN POE: THE MAN, THE MYTH, THE LEGEND

David Harshfield

The short, miserable, misunderstood life of Edgar Allan Poe ignited the creative genius of a unique writer with a distorted vision of life and love.

2Day | Eisenhower Recreation Center Fee: R\$63 | G\$69

LIT20102	W	12/4 - 12/11	1:00PM - 2:30PM
LIT20103	W	2/5 - 2/12	1:00PM - 2:30PM

ELVIS PRESLEY: THE MAN, THE MYTH, THE LEGEND

David Harshfield

Elvis Presley has been deceased for longer than the forty-two years that he lived. Still, fans listen to his music, watch his movies, and visit his Graceland. On August 16, 1977, Elvis died at his Graceland mansion, but his legend survives and blossoms for a new generation.

2Day | Eisenhower Recreation Center Fee: R\$63 | G\$69

LIT27101	W	10/16 - 10/23	1:00PM - 2:30PM
LIT27102	W	1/22 - 1/29	2:45PM - 4:15PM
LIT27103	W	3/18 - 3/25	1:00PM - 2:30PM

GREAT BOOKS DISCUSSIONS

Kathleen Scott

The goal of this course is to engage in reflection on readings ranging across literature and philosophy. Passionate readers come together to discuss enduring issues and ideas. Textbook required "Great Conversations 6" available at Great Books Foundation or Amazon.com.

NO CLASS: 11/4

8Day | Lake Miona Recreation Center

Fee: R\$20 | G\$26

LIT33101 M 9/30 - 11/25 6:30PM - 8:30PM

I LOVE LUCY: LAUGHS, STRUGGLES, LEGACY

David Harshfield

Lucy, Ricky, Fred, and Ethel overcame unbeatable obstacles in order to reinvent television comedy and to teach viewers how to laugh at ourselves. This incredible foursome knew what they wanted the show to be, fought the establishment to make it happen, and live forever in our hearts.

2Day | Eisenhower Recreation Center

Fee: R\$63 | G\$69

LIT21102 W 10/2 - 10/9 1:00PM - 2:30PM
LIT21103 W 3/18 - 3/25 2:45PM - 4:15PM

IDEOLOGY WARS: PURITAN BRADSTREET VS NEO-CLASSICIST BRYANT

David Harshfield

Anne Bradstreet vs William Cullen Bryant: Bradstreet used her poetic voice to remind the Theocracy that woman could think. Bryant was the descendant of idealistic Puritans, but asserted ideas that angered many Puritans. This class will examine the life and the times of both of these poets by witnessing their literary triumphs.

2Day | Eisenhower Recreation Center

Fee: R\$63 | G\$69

LIT29101 W 2/19 - 2/26 1:00PM - 2:30PM

MARK TWAIN'S HUMOR

David Harshfield

Mark Twain is America's Humorist. Today, we quote Twain without realizing we are alluding to him because his statements have become part of our pop culture. Mark Twain was a husband and father, a writer and humorist, a businessman and speculator. Each of these roles he took seriously, so this class will peek into Twain's mind and try to see the world the way he saw it.

2Day | Eisenhower Recreation Center

Fee: R\$63 | G\$69

LIT05105 W 10/2 - 10/9 2:45PM - 4:15PM
LIT05106 W 1/22 - 1/29 1:00PM - 2:30PM

NATIVE AMERICAN VOICES OF AMERICAN LITERATURE

David Harshfield

Various tribes of Native Americans used myths to preserve their heritage, to explain the origin of life, and to instill the ideals of the culture. This class will view writings from several tribes, including the Delaware, Navaho, Iroquois, Pima, Chippewa, and Teton Sioux.

2Day | Eisenhower Recreation Center

Fee: R\$63 | G\$69

LIT06102 W 10/16 - 10/23 2:45PM - 4:15PM

POETRY: READING, WRITING AND CRITIQUING

Roger Cooper

We will share favorite poems, including some they composed. Participants will learn how to critique poems and practice writing poems in class. Time will be devoted to reading and analyzing selected classical and modern poems. Required for class: Mary Oliver's book, A Poetry Handbook.

NO CLASS: 11/29

9Day | Lake Miona Recreation Center

Fee: R\$88 | G\$94

LIT15104 F 10/4 - 12/6 12:30PM - 3:00PM

STEPHEN CRANE'S POETRY: NATURALISM AND IMPRESSIONISM

David Harshfield

Primarily remembered for his fiction, Stephen Crane was also a gifted poet who created harshly realistic poems designed to motivate. Crane's poems are unconventional, inspirational, and thought-provoking.

2Day | Eisenhower Recreation Center

Fee: R\$63 | G\$69

LIT13103 W 3/4 - 3/11 2:45PM - 4:15PM

WALT DISNEY: THE MAN, THE MYTH, THE LEGEND

David Harshfield

Walt Disney's career, characterized by astounding successes, saw unbelievable failures. Frequently near bankruptcy, Disney lures us with targeted marketing, reinvented animation, and family-friendly parks.

2Day | Eisenhower Recreation Center

Fee: R\$63 | G\$69

LIT16104 W 10/30 - 11/6 2:45PM - 4:15PM
LIT16105 W 3/4 - 3/11 1:00PM - 2:30PM

OPINIONATED WOMEN WRITERS

Cindy Grossman

A look at 10 women writers of the 20th century who were able to defy expectations and cut through the sexism of their time to thoroughly impact our intellectual history. This is a discussion course, so please be prepared to read 60-70 pages per week. TEXT: Sharp: The Women Who Made an Art of Having an Opinion (2018) By Michelle Dean (available widely at bookstores and as an e-book.)

5Day | Lake Miona Recreation Center

Fee: R\$63 | G\$69

LIT30101 W 10/16 - 11/13 4:00PM - 6:00PM

VISIONARY WOMEN: AUTHORS AND ACTIVISTS

Cindy Grossman

We will discuss the lives of four brilliant women of the 20th century who made it their lifework to speak truth to power and change the world in the process. This is a discussion course, so please be prepared to read about 100 pages every two weeks.

TEXT: Visionary Women: How Rachel Carson, Jane Jacobs, Jane Goodall, and Alice Waters Changed Our World (2018) By Andrea Barnett (available widely at bookstores and as an e-book.)
Class is held every other week.

4Day | Lake Miona Recreation Center

Fee: R\$50 | G\$56

LIT31101 W 1/15 - 2/26 4:00PM - 6:00PM



WHAT'S LOVE GOT TO DO WITH IT?

Dr. Frank Ancona

This course on comparative mythology includes classical era love stories, for example Psyche and Eros, Echo and Narcissus. It then covers romance mythologies from medieval times, focusing on the courts of love that changed western culture forever.

4Day		Lake Miona Recreation Center		Fee: R\$50 G\$56
LIT32101	Tu	10/15 - 11/5	6:00PM - 7:30PM	
4Day		Pimlico Recreation Center		Fee: R\$50 G\$56
LIT32102	W	1/8 - 1/29	12:00PM - 1:30PM	

THE FIRST STORYTELLERS

Dr. Frank Ancona

This introduction to mythology begins with cave art and artifacts, then covers Egyptian, Indian, Native American, Greek, Eastern, Norse and the age of chivalry to help students understand the meaning of these metaphorical tales. It also includes work of Joseph Campbell. Students are encouraged to discover their own personal mythologies and "true" selves, so they can live fulfilling authentic lives.

NO CLASS: 3/18

4Day		Pimlico Recreation Center		Fee: R\$50 G\$56
LIT25102	W	11/13 - 12/4	12:00PM - 1:30PM	
LIT25103	W	3/4 - 4/1	12:00PM - 1:30PM	
4Day		Lake Miona Recreation Center		Fee: R\$50 G\$56
LIT25104	Tu	1/7 - 1/28	6:00PM - 7:30PM	

DID YOU KNOW?

The Enrichment Academy offers volunteer opportunities, providing services willingly and without pay to help fulfill an educational, social, recreational, emotional or physical need to participants. Volunteers help at District owned and/or designated operated facilities through The Enrichment Academy.

*Course Supply Fee - In addition to class fee.

MUSIC

BAGPIPES

Kevin Selfridge

This course will include instruction in playing the Highland Bagpipe. Participants who have some bagpipe experience, as well as those who have not played for a few years are welcome. Instrument required. There will be an expense of less than \$100 for the purchase of recommended instrument and tutor book for beginners.

NO CLASS: 11/28

11Day		Saddlebrook Recreation Center		Fee: R\$15 G\$21
MUS01109	Th	10/3 - 12/19	6:00PM - 9:00PM	
12Day		Saddlebrook Recreation Center		Fee: R\$15 G\$21
MUS01110	Th	1/9 - 3/26	6:00PM - 9:00PM	

GUITAR: BEGINNER 101

Bill & Patti Thompson

This is the beginning course. You will build basic guitar skills step-by-step and learn the parts of the guitar, simple chords and learn to read notes and play simple melodies. There will be a \$15 book fee* payable to instructor first day of class.

NO CLASS: 11/27, 3/18

5Day		Pimlico Recreation Center		Fee: R\$85 G\$91
MUS02111	W	11/6 - 12/11	3:00PM - 3:50PM	
MUS02112	W	1/8 - 2/5	3:00PM - 3:50PM	
MUS02113	W	2/26 - 4/1	3:00PM - 3:50PM	

GUITAR 102-A

Bill & Patti Thompson

This course continues where guitar 101 left off. Students will finish learning all of the strings on the guitar [4th, 5th and 6th] and notes in first position so that more advanced melodies can be played. You will build basic guitar skills, step-by-step as hands on experience. Students will continue to explore the fundamentals of music notation and find out how to produce clear, beautiful notes and chords. There will be a \$15 book fee* payable to instructor first day of class.

NO CLASS: 11/27

5Day		Pimlico Recreation Center		Fee: R\$85 G\$91
MUS06108	W	11/6 - 12/11	4:00PM - 4:50PM	



GUITAR: 102-B

Bill & Patti Thompson

In this course students will focus on learning all six strings of the guitar and should be taken after guitar 101. Lessons will make it easier to read and quickly learn various styles of music. Blues, country, folk, jazz and rock styles are included, plus pop songs. There will be a \$15 book fee* payable to instructor first day of class.

5Day | Pimlico Recreation Center Fee: R\$85 | G\$91

MUS14104 W 1/8 - 2/5 4:00PM - 4:50PM

GUITAR: 102-C [CHORD STUDY]

Bill & Patti Thompson

This guitar course should be taken after 102A or 102B. The class will focus on guitar chord playing skills and applying them to a collection of selected popular songs, including Dylan, Denver, Beatles and Eagles. Explore music notation, chord diagrams and produce clear beautiful chords. There will be a \$15 materials fee* payable to instructor first day of class.

NO CLASS: 3/18

5Day | Pimlico Recreation Center Fee: R\$85 | G\$91

MUS20101 W 2/26 - 4/1 4:00PM - 4:50PM

GUITAR I

David Williams

We start immediately playing the guitar. Over the course of four weeks, the student will be introduced to both chords and strum patterns which they will use to assist in their learning of a few songs. Along the way, other interesting and important music topics will be discussed including basic music theory. Students must own their own guitar and bring a 3 ring binder to class.

4Day | Fenney Recreation Center Fee: R\$85 | G\$91

MUS15107 M 10/7 - 10/28 8:00AM - 9:00AM

GUITAR: II

David Williams

Building off of Guitar I, the student will learn additional chords and more complex strum patterns. As in LGI, new songs will be used to maximize the student's learning experience. As in LGI, new theory topics will be discussed. Students should have either completed Learn To Play The Guitar I and have their own guitar.

4Day | Fenney Recreation Center Fee: R\$85 | G\$91

MUS18105 M 1/13 - 2/3 8:00AM - 9:00AM

GUITAR: III

David Williams

We will begin with a recap of LGI & LGII. This will be followed by the introduction of a few commonly used guitar tools with accompanying new songs. There will also be a continuation of introducing new chords and more complicated strums. Students must own their own guitar and bring a 3 ring binder to class.

4Day | Fenney Recreation Center Fee: R\$85 | G\$91

MUS22101 M 10/7 - 10/28 9:15AM - 10:15AM

GUITAR: IV

David Williams

The focus of this class will be on movable chord shapes [barre chords] and learning songs that use them. As in the previous 3 sessions, new theory topics will be discussed. Students should have their own guitar.

4Day | Fenney Recreation Center Fee: R\$85 | G\$91

MUS23101 M 1/13 - 2/3 9:00AM - 10:00AM

GUITAR: IMPROVISATION-BEGINNER

David Williams

This course is designed for those players interested in playing solos, adding fills and "jamming". Students should have a reasonable understanding of picking single note melodies and at least the beginnings of playing not just in the 1st position.

Students must own their own guitar and bring a 3-ring binder to class.

6Day | Fenney Recreation Center Fee: R\$119 | G\$125

MUS24101 M 10/7 - 11/11 10:30AM - 11:30AM

ELECTRIC BASS: INTRODUCTION

David Williams

For those who want to be part of a group that plays popular music but aren't interested in the guitar. This course will be your introduction to playing the electric bass so you can become part of a musical duo or combo. Bring your bass to class.

6Day | Fenney Recreation Center Fee: R\$120 | G\$126

MUS19103 M 1/13 - 2/17 10:30AM - 11:30AM

MOUNTAIN DULCIMER FUN

Ruth Harnden

This class will build on techniques to understand the dulcimer. Basic techniques such as keys, strumming, rhythm, counting and playing together. The main purpose is to smooth out your playing skills. Rental dulcimers are available for \$30 for 6 weeks-payable to instructor. Tuning will be DAD. Supplies to bring: 3-ring notebook. Dulcimer supplies available for purchase.

6Day | Allamanda Recreation Center Fee: R\$100 | G\$106

MUS21101 W 10/9 - 11/13 12:00PM - 1:00PM

PIANO 102-A

Bill & Patti Thompson

This course follows Piano 101. Students will continue playing melody and accompaniments focusing on playing both hands simultaneously. Level 102 classes [A&B] can be taken in any order. There will be a \$15 materials fee* payable to instructor first day of class.

5Day | Allamanda Recreation Center Fee: R\$85 | G\$91

MUS05108 Th 9/19 - 10/17 9:30AM - 10:20AM

MUS05109 Th 9/19 & 9/26 Class at Lake Miona Recreation Center 1/9 - 2/6 9:30AM - 10:20AM

PIANO 102-B

Bill & Patti Thompson

This jam packed class takes a basic note reading approach where students will focus on playing melody and rhythm with two hands together in different key positions. Using five fingering positions and harmonizing techniques, an expansion of notes will be introduced along with theory focusing on musical forms and patterns, simple recital type of literature will be studied along with traditional songs. Level 102 classes can be taken in any order. Keyboards will be provided for students in class, along with all instructional materials and books. There will be a \$15 materials fee* payable to instructor first day of class.

NO CLASS: 11/28, 3/5, 3/12

5Day | Allamanda Recreation Center Fee: R\$85 | G\$91

MUS10104 Th 11/7 - 12/12 9:30AM - 10:20AM

MUS10105 Th 2/27 - 4/2 9:30AM - 10:20AM

PIANO 103-A

Bill & Patti Thompson

Piano 103-A follows Piano 102 level classes and advances concepts in harmony and more advanced rhythm. Students who have taken piano/keyboarding 102 classes will learn multiple key signatures and corresponding hand positions. The course will also introduce scales and beginning concepts in chord structure. Level 103 classes can be taken in any order. Keyboards will be provided for students in class, along with all instructional materials and books. There will be a \$15 materials fee* payable to instructor first day of class.

NO CLASS: 11/28

5Day | Allamanda Recreation Center Fee: R\$85 | G\$91

MUS08105 Th 11/7 - 12/12 10:30AM - 11:20AM

PIANO 103-B

Bill & Patti Thompson

Students will be introduced to a range of practical procedures including melodic design and tonality, different key positions, various tempo, rhythm and harmonic awareness, intervals and major and minor triads. Scales and arpeggios continue to be practiced. Level 103 classes can be taken in any order. Keyboards will be provided for students in class, along with all instructional materials and books. There will be a \$15 materials fee* payable to instructor first day of class.

5Day | Allamanda Recreation Center Fee: R\$85 | G\$91

MUS11103 Th 1/9 - 2/6 10:30AM - 11:20AM

PIANO 103-C

Bill & Patti Thompson

Students will be taught using a well-designed curriculum including time signatures, simple meters, note and rest values, dynamic signs, melodic intervals and harmonic organization. Sight reading will be practiced and emphasized along with tempo marks and playing songs in higher and lower octaves. Level 103 classes can be taken in any order. Keyboards will be provided for students in class, along with all instructional materials and books. There will be a \$15 materials fee* payable to instructor first day of class.

NO CLASS: 3/5, 3/12

5Day | Allamanda Recreation Center Fee: R\$85 | G\$91

MUS12103 Th 9/19 - 10/17 10:30AM - 11:20AM

MUS12104 Th 9/19 & 9/26 Class at Lake Miona Recreation Center 2/27 - 4/2 10:30AM - 11:20AM

PIANO: ADVANCED

Bill & Patti Thompson

This course is a continuation of Intermediate Piano with a focus on developing a repertoire of classical and popular music. This is a full year study of six sessions and can be taken in any order. There will be a \$15 materials fee* payable to instructor first day of class. Keyboards provided.

NO CLASS: 11/28, 3/5, 3/12

5Day | Allamanda Recreation Center Fee: R\$85 | G\$91

MUS17103 Th 9/19 - 10/17 1:30PM - 2:20PM

MUS17104 Th 9/19 & 9/26 Class at Lake Miona Recreation Center 11/7 - 12/12 1:30PM - 2:20PM

MUS17105 Th 1/9 - 2/6 1:30PM - 2:20PM

MUS17106 Th 2/27 - 4/2 1:30PM - 2:20PM

PIANO: BEGINNER 101

Bill & Patti Thompson

This class is for students who have always dreamed of playing the piano. Students will learn to read music and play songs from method books. There will be a \$15 materials fee* payable to instructor first day of class.

NO CLASS: 11/28, 3/5, 3/12

5Day | Allamanda Recreation Center Fee: R\$85 | G\$91

MUS03112 Th 9/19 - 10/17 8:30AM - 9:20AM

MUS03113 Th 9/19 & 9/26 Class at Lake Miona Recreation Center 11/7 - 12/12 8:30AM - 9:20AM

MUS03114 Th 1/9 - 2/6 8:30AM - 9:20AM

MUS03115 Th 2/27 - 4/2 8:30AM - 9:20AM

PIANO: INTERMEDIATE

Bill & Patti Thompson

Piano Intermediate classes is an integrated music curriculum that emphasizes graded piano repertoire, theory and technique. This is a full year study of six sessions and can be taken in any order. There is a \$15 materials fee* payable to instructor first day of class.

NO CLASS: 11/28, 3/5, 3/12

5Day		Allamanda Recreation Center		Fee: R\$85 G\$91	
MUS16103	Th	9/19 - 10/17	11:30AM - 12:20PM		
9/19 & 9/26 Class at Lake Miona Recreation Center					
MUS16104	Th	11/7 - 12/12	11:30AM - 12:20PM		
MUS16105	Th	1/9 - 2/6	11:30AM - 12:20PM		
MUS16106	Th	2/27 - 4/2	11:30AM - 12:20PM		

UKULELE IN THE VILLAGES: AN INTRO

Tim Robinson & Linda Ward

Linda and Tim present six one hour sessions designed to teach participants basic ukulele chords, strumming techniques and variations to make playing their ukuleles with music clubs in the Villages more enjoyable. For soprano, concert and tenor ukuleles. A supply fee* of \$8 due to Instructor first day of class.

6Day		Lake Miona Recreation Center		Fee: R\$75 G\$81	
MUS04107	W	10/2 - 11/6	9:00AM - 10:30AM		
MUS04108	W	1/8 - 2/12	9:00AM - 10:30AM		

UKULELE IN THE VILLAGES: NEXT STEP

Tim Robinson & Linda Ward

Linda and Tim present six sessions designed to take the participants into more advanced chords, strumming techniques, tablature and variations that can be utilized to embellish and personalize ukulele playing while participating with the various ukulele and music clubs in the Villages. A supply fee* of \$10 is due to the Instructor the first day of class.

6Day		Lake Miona Recreation Center		Fee: R\$75 G\$81	
MUS07106	W	11/13 - 12/18	9:00AM - 10:30AM		
MUS07107	W	2/26 - 4/1	9:00AM - 10:30AM		

VIOLIN: BEGINNER 101

Marianne Wasilewski

This class is for students who have always dreamed of playing the violin. Students will learn violin chords, read notes, and play simple melodies. There will be a \$10.00 book fee* due to the instructor on the first day of class. All students must bring their violin and music stand to each class.

4Day		Eisenhower Recreation Center		Fee: R\$90 G\$96	
MUS25101	M	10/7 - 10/28	10:00AM - 11:00AM		
MUS25102	M	11/18 - 12/9	11:30AM - 12:30PM		
MUS25103	M	1/20 - 2/10	11:30AM - 12:30PM		
MUS25104	M	2/17 - 3/9	11:30AM - 12:30PM		

PHILOSOPHY & PSYCHOLOGY

BRAIN GYM: ADVENTURES IN NEURO-PLASTICITY

Lucinda Green

Think you've lost your mental edge? Brain Gym improves focus, concentration, eye-hand co-ordination and balance. You will learn a series of movements that can be done sitting or standing. Come and jump start your brain!

2Day		Eisenhower Recreation Center		Fee: R\$20 G\$26	
PHI20102	M	1/20 - 1/27	9:30AM - 11:00AM		

THE DANGLING CONVERSATION

Robert Altobello

We will explore the influences of social media and technology on human consciousness and communication. The study offers the opportunity to examine the influences of technologically-driven communication on all of us.

NO CLASS: 11/5

6Day		Lake Miona Recreation Center		Fee: R\$63 G\$69	
PHI28101	Tu	10/8 - 11/19	11:00AM - 12:30PM		

EXPLORING ETHICS & MORALITY

Robert Altobello

Ethics and morality are part of the fabric of life. In both our personal and professional lives, we are often confronted with ethical/moral dilemmas- difficult decisions about the right thing to do. The purpose of this course is to give participants the opportunity to develop a rich understanding of ethical theory and how philosophers across the ages have applied ethical reasoning [theory] to moral/ethical decision-making. Participants need to purchase "The Elements of Moral Philosophy" before the first class.

NO CLASS: 2/4

6Day		Lake Miona Recreation Center		Fee: R\$63 G\$69	
PHI01107	Tu	1/14 - 2/25	11:00AM - 12:30PM		

HOW TO BE A GLUTTON FOR FUNISHMENT

Lindsay Collier

Your sense of humor is one of your most powerful assets. In this course we will explore the nature of humor, its forms, and how you can use it in your life. You will leave with dozens of creative ideas on how to supercharge your humor

1Day		Lake Miona Recreation Center		Fee: R\$30 G\$36	
PHI02108	W	10/23	1:00PM - 3:00PM		
PHI02109	W	1/22	1:00PM - 3:00PM		
PHI02110	W	3/18	1:00PM - 3:00PM		

Have Questions? Check the FAQ's on PAGE **4**

*Course Supply Fee - In addition to class fee.



HOW TO LIVE HAPPILY EVER AFTER

Lindsay Collier

This class will explore some creative things you can do to add enjoyable years and zest to your life. It's lots of fun, interactive, fast-moving, and full of ideas you can use right away.

1Day		Lake Miona Recreation Center		Fee: R\$30 G\$36
PHI03108	W	10/16	1:00PM - 3:00PM	
PHI03109	W	1/15	1:00PM - 3:00PM	
PHI03110	W	3/4	1:00PM - 3:00PM	

PRAISE FAR LESS: ENCOURAGE FAR MORE!

Robert Tauber

Eye-opening presentation of "praise" versus "encouragement." Praising others comes naturally, but research overwhelming recommends limiting praise, and instead, offering encouragement. The two are not synonyms. The course presents sixteen "cautions" behind delivering praise, and then reveals how to substitute encouragement.

2Day		Eisenhower Recreation Center		Fee: R\$35 G\$41
PHI23103	W	12/4 - 12/11	3:30PM - 5:00PM	
PHI23104	W	1/22 - 1/29	3:30PM - 5:00PM	

GETTING THE "EXPECTATIONS" ADVANTAGE!

Robert Tauber

First impressions are lasting impressions and we never get a second chance to form a first impression. The course explains how the expectations process works and identifies those human characteristics that "trigger" either positive or negative expectations. The knowledge can help empower you! Bring paper & pencil for notes.

1Day		Eisenhower Recreation Center		Fee: R\$20 G\$26
PHI27101	W	2/26 - 2/26	3:30PM - 5:00PM	

*Interested in becoming an instructor or speaker?
Visit www.DistrictGov.org for more information.*

SPIRITUALITY OF AGING

Janet Onnie

Making meaning of the aging process: While aging can provide us with free time and the ability to focus on what is important, it can also present us with challenges and losses. We will be exploring what we are gaining, what we are losing, how our identities change and what it means to us.

NO CLASS: 11/27

6Day		Lake Miona Recreation Center		Fee: R\$63 G\$69
PHI22103	W	10/23 - 12/4	1:30PM - 3:30PM	

SURVIVING THE LOSS OF YOUR LOVED ONE

Lindsay Collier

In this course we will take an interactive, comforting, and creative look at some things that can be done to deal with loss in your life. This is based on the instructor's popular book which was written after losing his wife of 40 years, inspired by a rainbow that surrounded his home on the following day. If you have experienced loss you will find this very comforting and uplifting. There is an optional book purchase from the instructor of \$10.

1Day		Lake Miona Recreation Center		Fee: R\$30 G\$36
PHI10102	Th	2/20	11:00AM - 1:00PM	

THRIVE: THE PURSUIT OF HAPPINESS

John Maiorino

This course utilizes the skills identified in positive psychology and emotional intelligence wrapped around the practices of mindfulness and meditation, to form new habits that lead to happiness and success in life. Each of the sessions introduces a new skill set that combines with meditation exercises to facilitate your growth in your pursuit of happiness, joy and to build a resilient mind and body. Optional recommended workbook – Thrive: Self-Coaching for Happiness & Success [Positive Psychology & The Keys to Sustainable Happiness] Paperback – Amazon for around \$37.

NO CLASS: 11/2, 11/16

7Day		Bridgeport Recreation Center		Fee: R\$93 G\$99
PHI05107	Sa	10/5 - 11/30	9:00AM - 11:00AM	
PHI05108	Sa	1/4 - 2/15	9:00AM - 11:00AM	



YES, YOU CAN UNDERSTAND YOUR DREAMS!

Dr. Frank Ancona

We all dream and wonder about what they mean. But few understand the messages of our dreams and how important they are to our mental, physical, and spiritual well being. This course is an introduction to dream analysis techniques and the major theories of dream interpretation to help students understand their own dreams and even assist others. Students are free to share their dreams—only if THEY wish to do so.

4Day | Pimlico Recreation Center Fee: R\$50 | G\$56

PHI14104	W	10/16 - 11/6	12:00PM - 1:30PM
PHI14105	W	2/5 - 2/26	12:00PM - 1:30PM

4Day | Lake Miona Recreation Center Fee: R\$50 | G\$56

PHI14106	Tu	11/12 - 12/3	6:00PM - 7:30PM
PHI14107	Tu	3/3 - 3/24	6:00PM - 7:30PM

PHOTOGRAPHY

DIGITAL SLR CAMERA

John "Swede" Spoltore

Designed for the owners of digital single lens reflex cameras with removable lens. Emphasis will be on camera features and how to use them – shooting modes, shutter speeds, apertures, white balance, ISO etc. – all explained in an easy to understand manner. Students will take part in photo demonstrations and learn about various photo subject matter, shooting techniques and camera accessories. Photo examples will be presented. Please bring your camera with fully charged batteries to class. Change your photography from being a "Photo Taker" to a "Photo Maker".

4Day | Lake Miona Recreation Center Fee: R\$100 | G\$106

PHO02101	M	10/7 - 10/28	9:30AM - 11:30AM
PHO02102	M	2/3 - 2/24	6:30PM - 8:30PM

PHOTOGRAPHY: DIGITAL

Ben McIntire

Whether you own a point-and shoot or more advanced DSLR, this class will give you a better grasp of your chosen tool and the skills to make successful images. We will focus on core photographic concepts as well as some more advanced techniques. The course will include hands-on demonstrations with the camera as well as basic digital image editing techniques.

5Day | Lake Miona Recreation Center Fee: R\$75 | G\$81

PHO04101	Tu	10/1 - 10/29	1:30PM - 4:30PM
PHO04102	Tu	1/28 - 2/25	1:30PM - 4:30PM

POINT & SHOOT DIGITAL CAMERA

John "Swede" Spoltore

Designed for owners of point & shoot digital cameras with non-removable lens. This class will provide the "Basics" for understanding and using your digital camera – auto vs program mode, scene modes, ISO, white balance and more. This class provides easy to understand camera instruction with class participated demonstrations, subject matter and shooting techniques. Please bring your camera with fully charged batteries to class. Change your "Photo Snapshots" into "Photo Memories".

2Day | Lake Miona Recreation Center Fee: R\$60 | G\$66

PHO03101	M	11/4 - 11/11	6:30PM - 8:30PM
PHO03102	M	3/9 - 3/16	6:30PM - 8:30PM

PHOTOGRAPHY: INTERMEDIATE DIGITAL

James Warner

This class is for people who have experience with a digital camera and basic editing skills. Proven methods are presented to overcome the most common challenges of photographing people, wildlife and travel. Topics covered: the latest camera gear and software, knowing your camera settings, mastering composition, flash, workflow, storage and presentation. The final class is held at a town square where the instructor provides one-on-one coaching. Supply fee* of \$20 payable to instructor.

5Day | Lake Miona Recreation Center Fee: R\$80 | G\$86

PHO05101	Th	10/10 - 11/7	6:00PM - 7:30PM
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5Day | Eisenhower Recreation Center Fee: R\$80 | G\$86

PHO05102	Tu	10/22 - 11/19	1:30PM - 3:00PM
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PHOTOGRAPHY: ADVANCED DIGITAL

James Warner

Experienced photographers are invited to the fast-paced interactive forum. Topics covered include: Review the "Best" photography in today's world, getting the most out of landscapes and wildlife opportunities, portraits with a "punch", posing, lighting solutions, tips & tricks on getting the best from travel sites, composition & editing concepts and ways to display your work-websites, books, canvas or glass. The final session is in the field with the instructor to get one-on-one coaching. Supply fee* of \$20 payable to instructor.

5Day | Lake Miona Recreation Center Fee: R\$80 | G\$86

PHO06101	Th	2/20 - 3/19	6:00PM - 7:30PM
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SCIENCE

CREATION & EVOLUTION OF THE UNIVERSE

Leroy Avers

This course will cover the beginning and the evolution of our universe from about one microsecond after the "Big Bang" until the present. We will address star and galaxy formation and our solar system. We'll study the make up of atoms and how the chemical elements formed.

6Day | Lake Miona Recreation Center Fee: R\$30 | G\$36

SCI04101	M	10/7 - 11/11	4:30PM - 6:00PM
SCI04102	M	1/6 - 2/7	4:30PM - 6:00PM

FLORIDA ECOLOGY: SAVING PARADISE

Glenn Rosazza

Do you know that Florida was once part of Africa, or that reducing your ecological footprint is one of the best ways to protect and maintain our Floridian paradise, while sustaining its economy? Come join this scientifically-based, hands on, fun course.

6Day | Bridgeport Recreation Center Fee: R\$60 | G\$66

SCI03101	Tu	10/1 - 11/5	6:30PM - 8:00PM
SCI03102	Tu	1/7 - 2/11	6:30PM - 8:00PM

UNDERSTANDING OUR UNIVERSE

Bob Dulude

In this course we will explore and discuss the fundamental concepts by which our universe behaves – how it works and why. The student can expect to understand at a basic level the concepts of relativity, black holes, the Big Bang, multiple universes, quarks and other fundamental particles of matter. Background in science or math not required. "The Grand Design" paperback book by Stephen Hawking and Leonard Mlodinow is required.

5Day | Lake Miona Recreation Center Fee: R\$10 | G\$16

SCI01102	Tu	2/4 - 3/3	9:30AM - 10:30AM
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WHAT IS GLOBAL WARMING?

Dr. Sidney Soclof

The issues of climate change and global warming are of continuing interest and concern. Find out what is global warming and the causes of it including the greenhouse effect. Learn what can be done to minimize global warming and its effects.

6Day | Lake Miona Recreation Center Fee: R\$50 | G\$56

SCI02101	M F	11/1 - 11/18	1:00PM - 2:30PM
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SPORTS

BIKE SAFETY AND SKILLS

Diana Mirkin

Learn to bicycle safely in The Villages, perform basic maintenance on your bike and improve your cycling skills. Taught by instructors certified by the League of American Bicyclists. **NO CLASS: 1/24, 2/14**

3Day | Rohan Recreation Center Fee: R\$10 | G\$16

SPO01116	F	10/4 - 10/18	1:00PM - 3:00PM
SPO01117	F	11/8 - 11/22	1:00PM - 3:00PM
SPO01118	F	1/10 - 1/31	1:00PM - 3:00PM
SPO01119	F	2/7 - 2/28	1:00PM - 3:00PM

BILLIARDS: BEGINNER

William Lord

Learn basic billiard techniques, including stance, cue control, aiming and stroke. Cut, bank and combination shots will also be demonstrated. Cue ball manipulation: follow, draw and stop shots, will also be taught. Handouts are provided.

6Day | Saddlebrook Recreation Center Fee: R\$55 | G\$61

SPO02109	Tu	10/15 - 11/19	9:00AM - 11:00AM
SPO02110	Tu	1/7 - 2/11	9:00AM - 11:00AM
SPO02111	Tu	2/25 - 3/31	9:00AM - 11:00AM

BILLIARDS: INTERMEDIATE

Kenneth Boguski

Review beginner capabilities. Develop banking, speed control, cut shots, natural position, english. Hands on training and handout materials will be provided.

6Day | Canal Street Recreation Center Fee: R\$55 | G\$61

SPO03108	W	10/16 - 11/20	9:00AM - 11:00AM
SPO03109	W	1/8 - 2/12	9:00AM - 11:00AM
SPO03110	W	2/26 - 4/1	9:00AM - 11:00AM

DRAGON BOAT BASICS

Stephen Printz

Learn about one of the fastest growing, high energy, "core" focused team sports in the United States – dragon boating. In a 50-minute classroom setting, followed by two, 60-minute paddling sessions on Lake Miona and Lake Sumter, you will learn the basics; safety, terms, stoke style, common practice drills, and boat commands. Experience the strength of 20 paddlers paddling as one, feeling the swing of the boat. Requirement: Physically able to step into and out of a boat with little to no assistance. Familiar and comfortable with core and upper body conditioning, climate and water conditions. Contact instructor Steve Printz by email at scprintz@hotmail.com for detailed information and questions.

3Day | Multiple Locations Fee: R\$40 | G\$46

SPO04104	M	10/7 Lake Miona Rec. Center	9:00AM - 10:00AM
	Tu	10/8 Lake @ Lake Miona	7:30AM - 9:00AM
	Th	10/10 Lake @ Lake Sumter	8:00AM - 9:30AM

RACE-WALKING FOR BEGINNERS

Bonnie Stein

Race-walking provides all of the cardiovascular benefits of running with walking. In this 90-minute class, 6-week course you will learn basic race-walking form and instruction from a nationally recognized race-walk instructor. Learn how to walk faster, how to pick a proper shoe for walking, tips on how to protect your back and knees, and so much more. All levels welcome!

NO CLASS: 10/29, 11/12

6Day | Spanish Moss Recreation Center Fee: R\$108 | G\$114

SPO07103	W	10/2 - 11/6	9:00AM - 10:30AM
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6Day | Lake Miona Recreation Center Fee: R\$108 | G\$114

SPO07104	F	10/4 - 11/8	9:00AM - 10:30AM
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6Day | Rohan Picnic Pavilion Fee: R\$108 | G\$114

SPO07105	Tu	10/15 - 12/3	4:00PM - 5:30PM
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TECHNOLOGY

A ROADMAP FOR CUTTING THE CORD

Tony Crawford

Are you looking for a way to reduce your ever increasing internet, TV, landline & mobile bills? You will learn how to save hundreds [if not thousands] of dollars every year with this practical road map for cutting the cord. The pros and cons of various streaming devices and streaming options will be examined and the cost saving steps that you can follow will be identified, taking into account your very specific needs in all the areas.

2Day | Lake Miona Recreation Center Fee: R\$50 | G\$56

TEC35101	Sa	10/5 - 10/12	9:00AM - 11:00AM
TEC35102	Sa	11/2 - 11/9	9:00AM - 11:00AM
TEC35103	Sa	1/11 - 1/18	9:00AM - 11:00AM
TEC35104	Sa	2/1 - 2/8	9:00AM - 11:00AM
TEC35105	Sa	3/21 - 3/28	9:00AM - 11:00AM

AMAZON ECHO/ALEXA

Jay Gerhard

Echo is a personal assistant connected to the internet/cloud that allows voice interaction to ask questions, but it is capable of creating lists, calendar updates, shopping, streaming music, home automation control, etc. Learn settings, controls, and how to use Echo/Alexa to get the most out of this technology.

2Day | Lake Miona Recreation Center Fee: R\$15 | G\$21

TEC10115	F	10/4 - 10/11	10:00AM - 12:00PM
TEC10116	F	1/10 - 1/17	10:00AM - 12:00PM
TEC10117	F	3/20 - 3/27	10:00AM - 12:00PM

APPLE CAMERA & PHOTOS FOR THE iPhone & iPad

Tony Crawford

Learn how to use all the features of the camera in your iPhone and iPad and then how to access those photos in the photos app, organize them, and share your photo albums with family and friends.

1Day | Lake Miona Recreation Center Fee: R\$25 | G\$31

TEC36101	Sa	10/5	11:30AM - 1:30PM
TEC36102	Sa	11/2	11:30AM - 1:30PM
TEC36103	Sa	1/11	11:30AM - 1:30PM
TEC36104	Sa	2/1	11:30AM - 1:30PM
TEC36105	Sa	3/21	11:30AM - 1:30PM

APPLE MACBOOK: PART 1

Sandy Seibert

Basics including the menu bar, desktop, dock, Safari, and App Store. Bring your fully charged Apple MacBook to class, and Apple ID & password. Any questions, please call the instructor at 352-259-9295.

4Day | Lake Miona Recreation Center Fee: R\$100 | G\$106

TEC33101	Tu Th	10/29 - 11/7	11:30AM - 1:30PM
TEC33102	Tu Th	1/14 - 1/23	11:30AM - 1:30PM

APPLE MACBOOK: PART 2

Sandy Seibert

Contacts, mail, maps, photos, calendar, FaceTime, and Siri. Bring your fully charged Apple MacBook to class, and Apple ID & Password. Prerequisite: Apple MacBook - Part 1. Any questions, please call the instructor at 352-259-9295.

4Day | Lake Miona Recreation Center Fee: R\$100 | G\$106

TEC34101	Tu Th	11/12 - 11/21	11:30AM - 1:30PM
TEC34102	Tu F	1/28 - 2/7	11:30AM - 1:30PM

APPLE NOTES FOR THE iPhone & iPad

Tony Crawford

The Apple Notes app is the best place to jot down quick thoughts or to save longer notes filled with to-do lists, images, web links, scanned documents, & sketches. By using iCloud, it's easy to keep all your devices in sync so you will always have your notes with you.

1Day | Lake Miona Recreation Center Fee: R\$25 | G\$31

TEC39101	W	10/9	2:00PM - 4:00PM
TEC39102	W	11/6	2:00PM - 4:00PM
TEC39103	W	1/8	2:00PM - 4:00PM
TEC39104	W	2/5	2:00PM - 4:00PM
TEC39105	W	3/11	2:00PM - 4:00PM

APPLE WATCH [SERIES 4] & LATER

Tony Crawford

The latest Apple Watch [Series 4 & later] has been re-designed and re-engineered to help you be more active, healthy, and connected. Learn how you can use and benefit from all the new productivity, health, and fitness features in your Apple Watch.

1Day | Lake Miona Recreation Center Fee: R\$25 | G\$31

TEC37101	Sa	10/12	11:30AM - 1:30PM
TEC37102	Sa	11/9	11:30AM - 1:30PM
TEC37103	Sa	1/18	11:30AM - 1:30PM
TEC37104	Sa	2/8	11:30AM - 1:30PM
TEC37105	Sa	3/28	11:30AM - 1:30PM

THE APPLE TV

Tony Crawford

The Apple TV is one of the best and easiest to use streaming devices that you can use for streaming the many services that are now available over the Internet. Learn how to use & get the most out of your Apple TV and how the latest Apple TV app can be used to manage your viewing across the multitude of streaming services.

1Day | Lake Miona Recreation Center Fee: R\$25 | G\$31

TEC38101	W	10/9	11:30AM - 1:30PM
TEC38102	W	11/6	11:30AM - 1:30PM
TEC38103	W	1/8	11:30AM - 1:30PM
TEC38104	W	2/5	11:30AM - 1:30PM
TEC38105	W	3/11	11:30AM - 1:30PM

*Course Supply Fee - In addition to class fee.



FORSCORE MUSIC APP FOR iPADS

Jay Gerhard

“ForScore” is an iPad app that lets you keep all your sheet music in one place- on your iPad- organized and annotated. You can link any song to a recording and play along with sheet music, and even slow the recording down. iPad & ForScore needed for class.

4Day | Lake Miona Recreation Center Fee: R\$50 | G\$56

TEC02104 W 2/5 - 2/26 5:00PM - 6:00PM

DROPBOX- FILE STORAGE APP FOR E-DEVICES

Jay Gerhard

Dropbox is a cloud-based file storage application. Save, organize, view, and share files on your computer and almost all your electronic devices (iPads, tablets, smartphones, etc.).

2Day | Lake Miona Recreation Center Fee: R\$25 | G\$31

TEC08104 W 3/11 - 3/18 5:00PM - 6:00PM

iPAD FOR SENIORS: PART I

Sandy Seibert

Basics, home screens, on-screen keyboard, App Switcher, Control Center, settings, AppStore, Safari, contacts/mail. Bring your fully charged iPad, Apple ID, & Password to class. Any questions, please call the instructor at 352-259-9295.

4Day | Lake Miona Recreation Center Fee: R\$100 | G\$106

TEC01112 Tu Th 10/1 - 10/10 11:30AM - 1:30PM
TEC01113 Tu Th 2/11 - 2/20 9:00AM - 11:00AM

iPAD FOR SENIORS: PART II

Sandy Seibert

Maps, camera, photos, iBooks, Calendar, FaceTime, and Siri. Bring your fully charged iPad, Apple ID & Password to class. Prerequisite: iPad - Part 1. Any questions, please call the instructor at 352-259-9295.

4Day | Lake Miona Recreation Center Fee: R\$100 | G\$106

TEC16112 Tu Th 10/15 - 10/24 11:30AM - 1:30PM
TEC16113 Tu F 2/25 - 3/6 9:00AM - 11:00AM

iPHONE BASICS

Sandy Seibert

Use keypad, contacts, favorites, and recents to make calls. Also, voicemail, Safari, AppStore, contacts, and mail. Bring your fully charged iPhone, Apple ID, & Password to class. Any questions, please call the instructor at 352-259-9295.

4Day | Lake Miona Recreation Center Fee: R\$100 | G\$106

TEC26105 Tu Th 11/12 - 11/21 9:00AM - 11:00AM
TEC26106 Tu Th 2/11 - 2/20 11:30AM - 1:30PM

PAGES FOR APPLE MACBOOK

Sandy Seibert

Creating, editing, saving, and printing documents; page numbering, tabs, and tables. Bring your fully charged Apple MacBook, your Apple ID, and password to class. If you have any questions, please call the instructor at 352-259-9295.

4Day | Lake Miona Recreation Center Fee: R\$100 | G\$106

TEC32101 Tu F 2/25 - 3/6 11:30AM - 1:30PM

PAGES FOR iPAD: WORD PROCESSING

Sandy Seibert

Creating, editing, saving, and printing documents; page numbering, tabs, and tables. Bring your fully charged iPad to class with the Pages app installed, your Apple ID and Password to class. Any questions, please call the instructor at 352-259-9295.

4Day | Lake Miona Recreation Center Fee: R\$100 | G\$106

TEC25102 Tu Th 3/10 - 3/19 11:30AM - 1:30PM

WINDOWS 10: PART 1

Sandy Seibert

Basics, terminology, operating system, Windows Store, Microsoft Edge, start menu, and desktop. Bring your fully charged Windows 10 laptop to class. If you have any questions, please call the instructor at 352-259-9295.

4Day | Lake Miona Recreation Center Fee: R\$100 | G\$106

TEC06113 Tu Th 10/1 - 10/10 9:00AM - 11:00AM
TEC06114 Tu Th 1/14 - 1/23 9:00AM - 11:00AM

WINDOWS 10: PART 2

Sandy Seibert

Start menu and desktop personalization, snipping tool, edge notes, disk cleanup, anti-virus, and settings. Bring your fully charged Windows 10 laptop to class. Prerequisite: Windows 10 - Part 1. Any questions, please call the instructor at 352-259-9295.

4Day | Lake Miona Recreation Center Fee: R\$100 | G\$106

TEC07112	Tu Th	10/15 - 10/24	9:00AM - 11:00AM
TEC07113	Tu F	1/28 - 2/7	9:00AM - 11:00AM

WINDOWS 10: PART 3

Sandy Seibert

Cut/Copy/Paste; manage folders and files, attach and save files in email, use a USB drive. Bring fully charged Windows 10 laptop to class. Prerequisite: Windows 10 - Part 1. Any questions, please call the instructor at 352-259-9295.

4Day | Lake Miona Recreation Center Fee: R\$100 | G\$106

TEC15110	Tu Th	10/29 - 11/7	9:00AM - 11:00AM
TEC15111	Tu Th	3/10 - 3/19	9:00AM - 11:00AM

TRAVEL

A JOURNEY AROUND THE "OTHER SIDE OF EUROPE"

Dr. Sidney Soclof

The Mediterranean on the south side of Europe is a favorite region for travel and vacation, but the north side around the Baltic and North Sea with Russia, the Scandinavian Countries, Germany, the Netherlands, Belgium, France and the UK are also of great interest. Learn about this region, its geography and many points of interest.

6Day | Lake Miona Recreation Center Fee: R\$50 | G\$56

TRA09101	M F	11/1 - 11/18	10:30AM - 12:00PM
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A JOURNEY AROUND THE MEDITERRANEAN

Dr. Sidney Soclof

Take a trip around the shores of the Mediterranean Sea from the west with Spain, Gibraltar and France, to Italy in the middle, and then to the east with Greece, Turkey, Israel and Egypt. Learn about the history, geography, and points of interest in this region that was so important in the development of Western civilization and remains of great interest today.

6Day | Lake Miona Recreation Center Fee: R\$50 | G\$56

TRA03105	M F	2/21 - 3/9	1:00PM - 2:30PM
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AMERICA'S NATIONAL PARKS

Carol Spears

Learn "Through a Ranger's Eyes" about your national parks. View gorgeous slides of stunning landscapes and wildlife of select parks. Learn best times, ways to visit and personal insights you won't find in travel brochures.

NO CLASS: 3/25

6Day | Lake Miona Recreation Center Fee: R\$75 | G\$81

TRA01109	W	10/2 - 11/6	6:30PM - 8:30PM
TRA01110	W	2/19 - 4/1	6:30PM - 8:30PM

6Day | Eisenhower Recreation Center Fee: R\$75 | G\$81

TRA01111	Th	1/9 - 2/13	1:30PM - 3:30PM
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BECOMING A SAVVY TRAVELER

Edward Ford

This course is all about traveling safely and inexpensively. Attendees will learn many ways to obtain free or greatly reduced airfares, hotels, vacation packages, cruises and more. Participants receive hundreds of tips on planning, packing, dining and sightseeing. Special emphasis provided on safety and traveling as a single. Handouts will be available.

1Day | Lake Miona Recreation Center Fee: R\$15 | G\$21

TRA10101	Th	10/17	9:00AM - 12:00PM
TRA10103	W	10/30	8:30AM - 11:30AM
TRA10102	F	1/31	5:00PM - 8:00PM

CULTURE OF FRANCE FOR TRAVELERS

Francoise Faber-Goldsworthy

This class is aimed at those planning a trip to France, or those just interested in the French culture. Learn the exciting aspects of French life including language, art, culinary treats, music, fashion, literature and a touch of history.

4Day | Lake Miona Recreation Center Fee: R\$75 | G\$81

TRA07102	Th	10/10 - 10/31	4:00PM - 5:30PM
TRA07103	Th	1/2 - 1/23	4:00PM - 5:30PM
TRA07104	Th	3/12 - 4/2	4:00PM - 5:30PM

SOUTHWEST NATIONAL PARKS

Carol Spears

Over 30 national park service sites are scattered throughout the four corner states in our great American Southwest. Come explore animals and plants that find their homes in these wild places, share in stunning vistas preserved for you to enjoy, and immerse yourself in stories of ancient cultures dating back thousands of years.

3Day | Eisenhower Recreation Center Fee: R\$38 | G\$44

TRA05105	Th	10/3 - 10/17	1:30PM - 3:30PM
TRA05106	Th	2/20 - 3/5	1:30PM - 3:30PM

3Day | Lake Miona Recreation Center Fee: R\$38 | G\$44

TRA05107	W	1/8 - 1/22	6:30PM - 8:30PM
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*Course Supply Fee - In addition to class fee.

Have Questions? Check the FAQ's on PAGE 4



UPPER MIDWEST NATIONAL PARKS

Carol Spears

Come to America's North Country; discover national parks in Wisconsin, Minnesota, and Michigan. National parks here preserve rich wildlife, ancient forests, immense wetlands, and intriguing history. Make the most of your travel plans to the upper Midwest.

3Day Eisenhower Recreation Center		Fee: R\$38 G\$44	
TRA06104	Th	10/24 - 11/7	1:30PM - 3:30PM
TRA06105	Th	3/12 - 3/26	1:30PM - 3:30PM

3Day Lake Miona Recreation Center		Fee: R\$38 G\$44	
TRA06106	W	1/29 - 2/12	6:30PM - 8:30PM

WORLD

GREAT DECISIONS 2020

Roger Kass

The topics for Great Decisions 2020 are designed to involve you in a discussion of world affairs. Your facilitator is Roger Kass. He is an experienced facilitator with the FPA. The topics for 2020 Great Decisions program, selected by the Foreign Policy Association are to be determined. There is a \$35 supply fee* per person, for the FPA briefing book and materials, payable to the instructor first day of class.

9Day Eisenhower Recreation Center		Fee: R\$100 G\$106	
WOR01103	Th	1/9 - 3/5	9:00AM - 11:00AM

9Day Bacall Recreation Center		Fee: R\$100 G\$106	
WOR01104	Th	1/9 - 3/5	7:00PM - 9:00PM

DID YOU KNOW?

The Enrichment Academy offers volunteer opportunities, providing services willingly and without pay to help fulfill an educational, social, recreational, emotional or physical need to participants. Volunteers help at District owned and/or designated operated facilities through The Enrichment Academy.

WRITING

WRITE YOUR LIFE

Patricia Charpentier

Learn some of the many approaches to writing your life stories, how to retrieve long-forgotten memories, painlessly organize your stories, tell an anecdote in an interesting and creative way, and so much more.

NO CLASS: 2/13

4Day Rohan Recreation Center		Fee: R\$63 G\$69	
WRI02105	Th	10/10 - 10/31	11:00AM - 1:00PM

4Day Rohan Recreation Center		Fee: R\$63 G\$69	
WRI02106	Th	1/30 - 2/27	11:00AM - 1:00PM

LIFE STORY WRITER'S STUDIO

Patricia Charpentier

Each session begins with a mini-lesson on one aspect of how to write the story of your awesome life. After the lesson, I share writing cues-verbal, visual, musical, etc. designed to stimulate your memory. Then I give you five to ten minutes to begin writing the story triggered by the prompt. You leave with beginnings of eight or more pieces to work on later.

4Day Rohan Recreation Center		Fee: R\$63 G\$69	
WRI08101	Th	10/10 - 10/31	2:00PM - 4:00PM

LIFE STORIES: READ, WRITE, REVIEW

Patricia Charpentier

Read excerpts from published memoirs and learn how to write your life story. In this class, we use the work of well-known memoirists, discuss their stories, and explore what the authors do to create their compelling tales. We then scour the text and learn techniques to apply to our own writing. You also have the chance to share your stories and obtain helpful feedback. No previous writing experience is required because our motto is: The only way to do this wrong is to not do it at all!

NO CLASS: 2/13

4Day Rohan Recreation Center		Fee: R\$63 G\$69	
WRI07102	Th	1/30 - 2/27	2:00PM - 4:00PM



THE ENRICHMENT Academy
Course Refund Policy

REGISTRATION FORM
(After Check)

Name (Last, First, Middle): _____
Resident ID # (if applicable): _____
Address: _____
City: _____ State: _____ Zip: _____ Village: _____
E-mail: _____ Phone: _____
Contact In Case of Emergency: _____
Name (Last, First, Middle): _____
Relationship to you: _____ Phone: _____

LEARN & GROW COURSE CATALOG
FALL/WINTER OCTOBER 2019 - MARCH 2020

Course #	Course Information	Start Date	Fee

Payment Options:
Cash _____ Credit Card _____ Check (Payable to THE ENRICHMENT Academy) _____
E.C. # _____ Fund Acct. # _____
Billing Address: _____
Name as it appears on card: _____
Signature: _____

Office Use Only
Work _____ Book _____
Phone _____ Mail Ex. # _____
E-mail _____ The Enrichment Academy _____
Date _____ Billing Address _____
The Village, IL _____
The Enrichment Academy | 1001 Rip Road

Ways to Register
Online | In Person
Phone Registration Center
Branch Office Registration

Registration Start Dates
Resident | Senior
General Public | Student

**THE ENRICHMENT**
Academy
Learn & Grow

REGISTER FOR A CLASS TODAY!

The Enrichment Academy is committed to helping participants acquire knowledge for growth in mind, body, or spirit. It is a self-supporting department, with income supplied from the course fees. No other funds are received for the operations or curriculum of The Enrichment Academy. Prior to registering, please become familiar with our Registration Information Guidelines.

Course registrations are on a first-come, first-served basis. Being mindful of course start times and registration periods will help with registration deadlines. Registrations are not complete until payment information has been received and confirmed. The Enrichment Academy is unable to hold seats in a course without payment.

ONLINE

www.DistrictGov.org

BY MAIL

The Enrichment Academy
984 Old Mill Run
The Villages, FL 32162

IN-PERSON

REGIONAL RECREATION CENTERS

MONDAY - FRIDAY | 8:30AM - 4:00PM

SATURDAY & SUNDAY | 8:00AM - 12:00PM

The Villages®

Community Development Districts

Special accommodations are offered at The Enrichment Academy, by request.

ASSISTED LISTENING SYSTEMS — QUALIFIED INTERPRETERS

AUXILIARY AIDS & SERVICES — SCREEN READERS — TALK-TO-TEXT SERVICES

WRITTEN MATERIALS — ELECTRONIC FORMAT MATERIALS

To request an accommodation, contact The Enrichment Academy at (352) 674-1800, email TheEnrichmentAcademy@DistrictGov.org, or mail to: The Enrichment Academy - 984 Old Mill Run, The Villages, FL 32162

REGISTRATION INFORMATION

The Enrichment Academy is committed to helping participants acquire knowledge for growth in mind, body, or spirit. Prior to registering, we encourage you to become familiar with our Registration Information Guidelines.

Registrations: Course registrations are on a first-come, first-served basis. Being mindful of course start times and registration periods will help with registration deadlines. Registrations are complete when payment information has been received and confirmed. The Enrichment Academy guarantees seats to only those with payment.

How to Register: For your convenience, we have 3 easy ways to register.

Online - www.DistrictGov.org. View the curriculum and register 24/7.

In-person - Walk-in registrations available at Regional Recreation Centers from 8:30am-4pm. Visit Monday-Friday to register for courses.

Mail - You may mail a completed registration form to: The Enrichment Academy, 984 Old Mill Run, The Villages, FL 32162. Do not mail cash as a form of payment. Please remember, mailing your registration does not guarantee you a spot in a course.

We encourage you to call (352)674-1800 to confirm your registration is received. Please allow 3-5 business days after mailing before calling.

Accepted Forms of Payment: Cash, check made payable to "VCCDD," MasterCard, Visa, & Discover.

Fees: Course fees are noted with each advertised course, and are collected at time of registration. Please note that some courses also call for supplies or supply fees at an additional cost to the participant. Supply fees are to be paid to the instructor the first day of class and are nonrefundable. There is a \$30 fee imposed per item for returned checks.

Course Confirmations: Participants will receive course confirmation within 5 business days of completed registration. If you do not receive a confirmation, contact The Enrichment Academy TheEnrichmentAcademy@DistrictGov.org to request a copy. Review your course information to ensure you're registered for the desired course correctly.

Course Cancellation/Change Policy: Although we make every attempt not to cancel events, The Enrichment Academy reserves the right to change any schedule without advance notice, or cancel any course that does not meet minimum enrollment requirements. We reserve the right to postpone or combine courses, limit registrations, and to change instructors. Participants are notified of any cancellations and receive a full refund, which will be issued by check or

credit card. It may take up to thirty (30) business days for a cancellation refund to be processed.

Refund Policy: All participant driven refunds are subject to a cancellation penalty (50% of advertised course fee) per event. The Enrichment Academy must be notified up to six (6) full business days prior to the first day of the event (not counting the day of class) for eligible refund. Eligible refund amount is 50% of the advertised course fee.

- Not all requests for refunds can be accommodated.
- Refund policies are enforced regardless of the number of students registered for the course.
- No refunds are possible after six (6) business days prior to the first day of the event or thereafter.
- Registrations are not transferable between participants.
- It may take up to thirty (30) business days for a refund to be processed.
- Refunds will be issued by check or credit card.
- Any membership or supply fees are non-refundable.
- No other refunds or credits will be granted, for any reason, at any time.
- No discount will be given for missed classes, or if participant is unable to attend a rescheduled make-up class.

*To request a refund, call (352) 674-1800
8:30am-4pm Monday- Friday.*

Transfer Policy: All participant driven transfers are subject to a \$10 non-refundable transfer fee* per event if The Enrichment Academy is notified up to six (6) full business days prior to the first day of the event being transferred out of (not counting the day of class).

- Not all requests for transfers can be accommodated, and completion of transfer depends on space availability of event requested to be transferred into.
- Transfer policies are enforced regardless of the number of students registered for a course.
- No transfers are possible after six (6) business days prior to the first day of the event or thereafter.
- The transfer business day policy applies to the event being transferred out of, not being enrolled into.

*To request a transfer, call (352) 674-1800
8:30am-4pm Monday- Friday.*



Wait List: If a course is full, you may request to be placed on a waiting list. If space becomes available, you will be contacted with an option to register. Payment will be collected at that time. Please do not attend a course unless you have registered. Wait List status DOES NOT enroll you into a course or automatically place you in the next available course.

Make-up Classes: Postponed classes by instructor, or postponements due to emergencies, holidays or special activities, will be made up by the instructor. Class dates missed by the participant will not be made up.

Requests for Accommodations: The Villages Community Development Districts (VCDD) will in compliance with the law, upon request, provide appropriate aids and services leading to effective communication for qualified persons with disabilities so they can participate equally in VCDD programs, services, and activities, including qualified sign language interpreters, assistive listening systems, documents in braille, and other ways of making information and communications accessible to people who have speech, hearing, or vision impairments. The type of auxiliary aid or service provided will vary in accordance with the length and complexity of the communication involved.

Any individual registered for a class with The Enrichment Academy who requires an auxiliary aid or service for effective communication, or a modification of policies or procedures to participate must:

- Indicate on registration form at time of registration that they require an accommodation.
- Contact The Enrichment Academy as soon as possible, but no later than 72 hours before the scheduled event.

While the VCDD will attempt to give primary consideration to the request of the individual, some of the accommodation requests offered by the VCDD include:

- Assisted Listening Systems – Assisted listening systems are available at all facilities operated by the VCDD.
- Qualified Interpreters – The VCDD will provide a qualified interpreter, upon request, in compliance with the law.
- Other Auxiliary Aids & Services – Additional services offered by the VCDD include: Screen readers, talk-to-text services, written materials, materials in electronic format (compact disc with materials in plain text or word processor format)

*To request an accommodation, contact The Enrichment Academy at (352) 674-1800,
TheEnrichmentAcademy@DistrictGov.org,
or by mail at: 984 Old Mill Run, The Villages, FL 32162*

This catalog is intended as a general guide for the organization, programs, courses, and policies, all of which are subject to change without notice. We regret any errors in printing, but accept no liability for them. All information contained in this catalog should be verified with The Enrichment Academy.

*The Enrichment Academy is a self-supporting department, with income supplied from the course fees.
No other funds are received for the operations or curriculum of The Enrichment Academy.*

Get your tickets now!

September



The Villages
grow

Monday, September 30th, 2019 at 10am
Rohan Recreation Center

October



Dr. Linda Sasser

Keep Your Brain Fit and Memory Sharp

Tuesday, October 8th, 2019 at 6pm
Savannah Recreation Center



Tim Bryce

Tim's Senior Moments

Tuesday, October 15th, 2019 at 6pm
Rohan Recreation Center



Hedda Matza-Haughton

Inner Voices: Sex, Intimacy, and Aging

Thursday, October 24th, 2019 at 6pm
Rohan Recreation Center

November



John Clauson

Missileman The Secret Life of Cold War Engineer Wallace Clauson

Tuesday, November 19th, 2019 at 6pm
Rohan Recreation Center

Interested in becoming a speaker?

Visit www.DistrictGov.org for more information and speaker applications.

Speaker Series ²⁰¹⁹

Speakers coming in ²⁰²⁰

Rad Drew – January 9, 2020
Michael Tougias – January 16, 2020
JoAnn F. Peterson – January 21, 2020
Mike Matthews – January 23, 2020
Robert Jacob – January 29, 2020
Kathryn Smith – January 30, 2020
Gary Koca - February 13, 2020
Cheryl Floyd – February 21, 2020
Colleen Miniuk – February 28, 2020
Michael Tougias – March 12, 2020



**Become an instructor
or a speaker for
The Enrichment Academy!**

Visit www.DistrictGov.org for more information and speaker applications.



REGISTRATION FORM

(Print Clearly)



Name (Last, First, Middle): _____ Date: _____

Resident ID # (If Applicable): _____

Address: _____

City: _____ State: _____ Zip: _____ Village: _____

Email: _____ Phone: _____

Contact In Case of Emergency:

Name (Last, First, Middle): _____

Relationship to you: _____ Phone: _____

By registering, I agree to INDEMNIFY AND HOLD HARMLESS The Villages of Lake-Sumter, Inc., The Villages Holding Company, The Villages Operating Company, The Village Center Community Development District, Sumter Landing Community Development District, Village Community Development Districts Nos.1-14, The Villages Recreation Department, The Villages Golf Department, State of Florida Sports Foundation, and any sponsor, advertiser, and promoter of any recreational activities, or events of such entities (collectively, district activity or activities), and any owner or lessee of the premises where The District activity or The Enrichment Academy classes, events, or other activities from and against any loss, liability, damage or cost that I or any of my guest may incur due to participation or involvement in or presence at any District Activity or The Enrichment Academy, whether caused by negligence, action or inaction of releases, or other individual or entity.

Course Refund Policy:

All participant requested refunds are subject to a 50% cancellation penalty per event if The Enrichment Academy is notified up to six (6) full business days prior to the first day of the event (not counting the day of class).

- Not all requests for refunds can be accommodated.
- Refund policies are enforced regardless of the number of students registered for the course.
- No refunds are possible after six(6) business days prior to the first day of the event or thereafter.
- Registrations are not transferable between participants.
- It may take up to thirty (30) business days for a refund to be processed.
- Refunds will be issued by check or credit card.
- Any membership or supply fees are non-refundable.
- No other refunds or credits will be granted, for any reason, at any time. No discount will be given for missed classes, or if participant is unable to attend a rescheduled make-up class.

Course Transfer Policy:

All participant driven transfers are subject to a \$10 non-refundable transfer fee* per event if The Enrichment Academy is notified up to six (6) full business days prior to the first day of the event being transferred out of (not counting the day of class).

- Not all requests for course transfers can be accommodated, and completion of transfer depends on space availability of event requested to be transferred into.
- Transfer policies are enforced regardless of the number of students registered for a course.
- No transfers are possible after six (6) business days prior to the first day of the event or thereafter.
- The transfer business day policy applies to the event being transferred out of, not being enrolled into.

There is a \$30 fee* per item for returned checks.

Accommodation Requests:

____ To take course(s) registered for, I need accommodations. I have read the requests for accommodations information on the registration information page and know I must also contact The Enrichment Academy by phone, email, or mail to request an accommodation no later than 72 hours before each scheduled event I have registered for.

Describe Request:

Course Information:

Course #	Title	Start Date	Fee
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Payment Options:

___ Cash ___ Credit Card ___ Check (Payable to VCCDD) Check #: _____
Total Amt: _____

CC #: _____ SC: _____ Exp ___ / ___

Billing Address: _____ Zip Code _____

Name as it appears on card: _____

Signature: _____

Office Use Only

___ Walk ___ Mail

Date: _____

Time: _____ Initials: _____

3 Ways to Register

<p>Online: www.DistrictGov.org</p> <p>Mail To: The Enrichment Academy 984 Old Mill Run The Villages, FL 32162</p>	<p>In-Person: Walk-in registrations available at Regional Recreation Centers Monday-Friday 8:30AM-4PM</p>
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